

Recreation Therapy Intern

Based on the NCTRC 2014 Job Analysis report, Recreation Therapy Interns will be responsible for:

Professional Roles and Responsibilities

1. Establish and maintain therapeutic relationship with residents
2. Create and maintain a safe and therapeutic environment
4. Participate in in-service training and staff development
5. Maintain knowledge of current TR/RT trends
6. Enhance professional competence (e.g., professional presentations, research, attending conferences)
7. Adhere to professional standards of practice and code of ethics
8. Participate in quality improvement process (e.g., exit interviews, customer service satisfaction, peer reviews)
9. Participate in agency/professional committees

Assessment

11. Obtain and review pertinent information about residents (e.g., records or charts, staff, support system)
12. Select and/or develop assessment methods based on needs of the person served and setting (e.g., interview, observation, task performance, established instruments)
13. Conduct assessments Waterstone's "Life Stories" to determine physical, social, affective, cognitive, lei-sure, and/or lifestyle functioning
14. Analyze and interpret results from assessments with supervisor
15. Integrate, record, and disseminate results gathered to appropriate individuals (e.g., person served, treatment team)

Planning Interventions and/or Programs

16. Discuss results of assessment and involve the person served or appropriate others (e.g., parent or legal guardian, support system, treatment team, ser-vice providers) in the design of individualized intervention plan
17. Develop and document individualized intervention plan with goals, objectives, evaluation criteria, and discharge/transition plan
18. Develop and/or select interventions and approaches to achieve individual and/or group goals
19. Develop and/or select protocols for individual or group session
20. Utilize activity and/or task analysis prior to interventions/programs
21. Select adaptations, modifications and/or assistive technology

Implementing Interventions and/or Programs

22. Explain the purpose and outcomes of the intervention/program and steps to be followed to the residents
23. Implement individual and/or group sessions, protocols, and/or programs
24. Use leadership and facilitation techniques to maximize therapeutic benefit (e.g., role-modeling, reflective listening)
25. Monitor and address safety concerns throughout the intervention/program

26. Observe for response to intervention/program and note important data (e.g., inter-action with others, group, or therapist)
27. Monitor effectiveness of individual and/or group intervention/program plans and make modifications as needed

Evaluate Outcomes of the Interventions and/or Programs

28. Evaluate changes in functioning of the residents
29. Determine effectiveness of individual intervention plan and adjust as needed
30. Revise individualized intervention plan as necessary with input from the resident and appropriate others (e.g., parent or legal guardian, support system, treatment team, service providers)
31. Evaluate individual's need for additional, alternative or termination of services
32. Determine effectiveness of protocols, modalities, and/or programs for targeted groups

Documenting Intervention Services

33. Document participation/adherence to intervention
34. Document behavioral observations
35. Document occurrences relating to risk management
36. Document protocols/modalities
37. Document program effectiveness

Treatment Teams and/or Service Providers

38. Identify treatment team/community partners
39. Provide information to team/community partners
40. Communicate information
41. Coordinate/integrate intervention plan
42. Develop/plan collaborative services

Develop and Maintain Programs

43. Maintain equipment and supply inventory
44. Plan and coordinate support services (e.g., transportation, housekeeping, dietary)
45. Maintain program budget and expense records
46. Develop and distribute weekly and monthly schedules along with monthly newsletter (e.g., programs, special events, programming changes)

Managing TR/RT Services

47. Comply with standards and regulations (e.g., government, credentialing, agency, professional)

Awareness and Advocacy

48. Establish and maintain network with organizations and advocates (e.g., community agencies, universities, allied health professions)
49. Advocate for rights for residents (e.g., access, inclusion, independence, transportation)

50. Provide education to external stakeholders/community (e.g., explanations of purpose of program/interventions; initiating opportunities to expand community awareness of value of TR/RT; organization of TR/RT service)
51. Promote the agency, TR/RT services and the profession through marketing and public relations

Sources:

[JobAnalysisReport.pdf \(nctrc.org\)](#)