
















August

Assisted Living Activities Calendar

For more information, contact Santino Tedesco
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Important Times to Know</p> <p>MEAL TIME</p> <p>Breakfast 8:00—9:00 A.M.</p> <p>Lunch 12:00—1:00 P.M.</p> <p>Dinner 5:00—6:00 P.M.</p> <p>Snacks & Hydration offered</p>	<p>B—Bistro (1st Floor)</p> <p>CR—Card Room (2nd Floor)</p> <p>CY 1—Courtyard 1 (Behind Bistro)</p> <p>CY 2—Courtyard 2 (Behind WC)</p> <p>DR—Dining Room (1st Floor)</p> <p>L—Library (3rd Floor)</p> <p>T—Theater (3rd Floor)</p> <p>WC—Wellness Center (1st Floor)</p> <p>S—Salon (1st Floor)</p>	<p>All Activities (Date, Time, Place)</p> <p>Subject to Change</p> <p>More details will be given on weekly activities schedules</p>	<p>1</p> <p>10:00 Chair Yoga T</p> <p>11:00 Devotion L</p> <p>2:00 Flower Arranging DR</p> <p>3:30 Songs with Rich Connor B</p> <p>6:30 Sunset BINGO CR</p>	<p>2</p> <p>10:00 Comm Worship Service T</p> <p>11:00 Lunch Bunch L</p> <p>1:30 Pampered Hands S</p> <p>3:30 Tales of History B</p> <p>6:30 Poker Night CR</p>	<p>3 WATERMELON DAY</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Watermelon Slushy B</p> <p>4:00 Happy Hour Social B</p> <p>6:30 Nightly News T</p>	<p>4</p> <p>10:00 Devotion L</p> <p>11:00 Book Club L</p> <p>1:30 Trivia Trials B</p> <p>3:30 BINGO CR</p> 
<p>5 FRIENDSHIP DAY</p> <p>10:30 Coffee, Muffins and Conversation B</p> <p>1:00 Book Club Continued L</p> <p>2:30 Bistro Board Games B</p> <p>3:00 Sunday Movie T</p> <p>4:00 Memory Games B</p>	<p>6</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning walk L</p> <p>1:30 Hydration Corner DR</p> <p>3:00 Bingo CR</p> <p>6:15 Crafts with Arifah DR</p> 	<p>7</p> <p>10:00 Shopping Trip to Harris Teeter</p> <p>1:30 Trivia Trials B</p> <p>3:00 Game Time B</p> <p>6:30 Canine Program B</p> 	<p>8</p> <p>10:00 Chair Yoga T</p> <p>11:00 Devotion L</p> <p>3:00 Front Porch Trivia B</p> <p>6:30 Sunset BINGO CR</p> 	<p>9</p> <p>10:00 Meet your Neighbor B</p> <p>11:00 Paint & Pour B</p> <p>1:30 Trivia Trials CR</p> <p>3:30 Music w/ Tom Fisch B</p> <p>6:30 Poker Night CR</p> 	<p>10 SMORES DAY</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>2:00 Campfire Fun DR</p> <p>4:00 Happy Hour Social B</p> <p>6:30 Nightly News T</p>	<p>11</p> <p>10:00 Devotion L</p> <p>11:00 Book Club L</p> <p>1:30 Trivia Trials B</p> <p>3:00 BINGO CR</p> 
<p>12</p> <p>10:30 Coffee, Muffins and Conversation B</p> <p>1:00 Book Club Continued L</p> <p>2:30 Bistro Board Games B</p> <p>3:00 Sunday Movie T</p> <p>4:00 Memory Games B</p>	<p>13 LEFT HANDERS DAY</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>2:00 Music w/Wayne Casasanta B</p> <p>3:30 Bingo CR</p> <p>6:30 Crosswords & Cookies B</p> 	<p>14 CREAMSICLE DAY</p> <p>10:00 Shopping Trip to Publix</p> <p>1:30 Trivia Trials B</p> <p>2:00 Creamsicle Cooldown CY1</p> <p>3:00 Game Time B</p> <p>6:30 Canine Program B</p> 	<p>15</p> <p>10:00 Chair Yoga T</p> <p>11:00 Devotion L</p> <p>2:00 Flower Arranging DR</p> <p>3:00 Front Porch Trivia B</p> <p>6:30 Sunset BINGO CR</p>	<p>16</p> <p>10:00 Project Serving Hearts DR</p> <p>11:00 Deliver lunches to Miracle Hill L</p> <p>1:30 Pampered Hands S</p> <p>3:00 Fire Side Chat DR</p> <p>6:30 Poker Night CR</p> 	<p>17</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>4:00 Happy Hour Social B</p> <p>6:30 Nightly News T</p>	<p>18</p> <p>10:00 Devotion L</p> <p>11:00 Book Club L</p> <p>1:30 Trivia Trials B</p> <p>3:00 BINGO CR</p> 
<p>19</p> <p>10:30 Coffee, Muffins and Conversation B</p> <p>1:00 Book Club Continued L</p> <p>2:30 Bistro Board Games B</p> <p>3:00 Sunday Movie T</p> <p>4:00 Memory Games B</p>	<p>20</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>3:00 Bingo CR</p> <p>6:30 Crosswords & Cookies B</p> 	<p>21 Senior Citizen Day</p> <p>10:00 Shopping Trip to Fresh Market</p> <p>1:30 Trivia Trails B</p> <p>3:00 Whatsername B</p> <p>6:30 Canine Program B</p>	<p>22</p> <p>10:00 Chair Yoga T</p> <p>11:00 Devotion L</p> <p>3:30 Captain Jack B</p> <p>6:30 Sunset BINGO CR</p> 	<p>23</p> <p>10:00 Meet Your Neighbor B</p> <p>11:00 Paint and Pour B</p> <p>1:30 Trivia Trials CR</p> <p>3:30 August Birthday Party B</p> <p>6:30 Poker Night CR</p> 	<p>24 National Waffle Day</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>3:00 Jenn & Bob B</p> <p>4:00 Happy Hour Social B</p> <p>6:30 Nightly News T</p>	<p>25</p> <p>10:00 Devotion L</p> <p>11:00 Book Club L</p> <p>1:30 Trivia Trials B</p> <p>3:00 BINGO CR</p>
<p>26 NATIONAL DOG Day</p> <p>10:30 Coffee, Muffins and Conversation B</p> <p>1:00 Book Club Continued L</p> <p>2:30 Bistro Board Games B</p> <p>3:00 Sunday Movie T</p> <p>4:00 Memory Games B</p>	<p>27 GLOBAL FORGIVENESS DAY</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>3:00 Bingo CR</p> <p>6:15 Craft with Arifah DR</p> 	<p>28</p> <p>10:00 Shopping Trip to Harris Teeter</p> <p>1:30 Trivia Trials B</p> <p>3:00 Game Time B</p> <p>6:30 Canine Program B</p> 	<p>29</p> <p>10:00 Chair Yoga T</p> <p>11:00 Devotion L</p> <p>2:00 Flower Arranging DR</p> <p>3:00 Front Porch Trivia B</p> <p>6:30 Sunset BINGO CR</p>	<p>30 MARSHMELLOW DAY</p> <p>10:00 Coffee and Current Events B</p> <p>11:00 Lunch Bunch L</p> <p>1:30 Marshmellow craft DR</p> <p>3:30 Social B</p> <p>6:30 Poker Night CR</p>	<p>31 NATIONAL TRAIL MIX DAY</p> <p>10:00 Seated Exercise T</p> <p>11:00 Morning Walk L</p> <p>1:30 Hydration Corner DR</p> <p>2:00 Blaze your own Trail B</p> <p>4:00 Happy Hour Social B</p> <p>6:30 Nightly News T</p>	