

# Assisted Living Activities Calendar



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Important Times to Know</b> <b>MEAL TIME</b> Breakfast 8:00—9:00 A.M Lunch 12:00—1:00 P.M Dinner 5:00—6:00 P.M <b>Snacks &amp; Hydration offered throughout each day!</b>	B—Bistro (1st Floor) CR—Card Room (2nd Floor) CY 1—Courtyard 1 (Behind Bistro) CY 2—Courtyard 2 (Behind WC) DR—Dining Room (1st Floor) L—Library (3rd Floor) T—Theater (3rd Floor) WC—Wellness Center (1st Floor) S—Salon (1st Floor) MC—Memory Care (1st Floor) WD— Welcome Desk (1st Floor)		1 10:00 Its Yoga T 11:00 Devotion L 11:00 Cranium Crunches CR 2:00 Courtyard Games CY1 3:30 Happy Hour B 6:30 Sunset BINGO DR	2 10:00 Coffee and Conversation B 11:00 Easy Does it Craft CR 2:00 Matinee Movie T 3:00 Mystery Game T 6:15 Bistro board Games B	3 10:00 Pictionary CR 11:00 This Day in History B 2:00 Mystery bag Gag CR 3:00 Table Tennis CR 4:00 Happy Hour B 6:15 Movie Night T	4 10:00 Devotion w/ Louisa B 11:00 Loosie Goosey w/Louisa T 2:00 Courtyard Cornhole CY1 3:00 BINGO DR 4:00 Cranium Crunches B
5 9:30 Coffee/Muffins w/Louisa B 10:30 Devotion 2:00 Aromatherapy MC 3:30 Pampered Hands S	6 10:00 Sit and Stretch w/ Santino T 10:00 Devotion B 11:00 Tea Time & Poetry 2:00 Comedy Movie Time T 3:00 BINGO DR 6:15 Movie Night :	7 10:30 Sunrise BINGO DR 2:00 Hydration Corner DR 2:30 Seated Exercise with Santino T 3:00 Cranium Crunches B 6:15 Movie Night T	8 10:00 Its Yoga T 11:00 Devotion L 11:00 This day in History CR 2:30 Courtyard Games CY1 3:30 Happy Hour B 6:30 Sunset BINGO DR	9 10:00 Cranium Crunches B 11:00 Group Walk WD 2:00 Matinee Movie T 3:00 Happy Hour B 6:15 Bistro Card Games DR	10 10:00 Coffee & Current Event B 11:00 Virtual Museum Tour CR 2:00 Scavenger Hunt 3:00 Table Tennis CR 4:00 Happy Hour B 6:15 Movie Night: T	11 10:00 Devotion with Louisa B 2:00 Spring time Craft B 3:00 BINGO with Louisa DR 4:00 Cranium Crunches B
12 9:30 Coffee/Muffins w/Louisa B 10:30 Trivia 2:00 Tea Time and Poetry MC 3:30 Pampered Hands S	13 10:00 Sit and Stretch w/ Santino T 10:00 Devotion B 11:00 Arm Chari Travel T 2:00 Matinee Movie 3:00 BINGO DR 4:00 5 second rule B 6:15 Movie Night :	14 10:30 Sunrise BINGO DR 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:30 Cranium Crunches B 6:15 Movie Night T	15 10:00 Its Yoga T 11:00 Devotion L 11:00 Cranium Crunches CR 2:30 Happy Hour B 6:30 Sunset BINGO DR	16 10:00 Morning Craft T 11:00 Table Bowling L 2:00 Matinee Movie CR 3:30 Happy Hour B 6:15 Bistro Card Games DR	17 10:00 Coffee and Current Events B 11:00 Community Crossword CR 2:00 Family Feud B 3:00 Courtyard Cornhole CY1 4:00 Happy Hour B 6:15 Movie Night: T	18 10:00 Devotion w/Louisa B 11:00 Loosie Goosey w/ Louisa T 2:00 Arm Chair Travel T 3:00 BINGO DR 4:00 Cranium Crunches B
19 9:30 Coffee/Muffins w/Louisa B 10:30 Devotion 2:00 Aromatherapy MC 3:30 Pampered Hands S	20 10:00 Sit and Stretch w/ Santino T 11:00 Painting by Numbers CR 2:00 Comedy Movie Time T 3:00 BINGO DR 6:15 Movie Night T	21 10:30 Sunrise BINGO DR 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:30 Who What When T 6:15 Movie Night: T	22 10:00 Its Yoga T 11:00 Devotion L 11:00 This Day in History CR 2:30 Courtyard Cornhole CY1 3:30 Happy Hour B 6:30 Sunset BINGO DR	23 10:00 Paint by Numbers CR 11:00 Pictionary CR 2:00 Matinee Movie T 3:30 Happy Hour B 6:15 Bistro Card Games B	24 10:00 Coffee & Current Events CR 11:00 Virtual Museum Tour T 2:00 Slushies and Sunshine B 3:00 Trivia B 4:00 Happy Hour B 6:15 Movie Night: T	25 10:00 Devotion w/ Louisa B 11:00 Loosie Goosey w/ Louisa T 2:00 Paint by Numbers CR 3:00 BINGO DR 4:00 Cranium Crunches B
26 9:30 Coffee/Muffins w/Louisa B 10:30 Trivia 2:00 Tea Time and Poetry MC 3:00 Pampered Hands S	27 10:00 Sit and Stretch w/ Santino T 11:00 Arm Chair Travel CR 2:00 Comedy Movie Time T 3:00 BINGO DR 6:15 Movie Night T	28 10:30 Sunrise BINGO DR 2:00 Hydration Croner 2:30 Seated Exercise w/Santino T 3:30 Table Bowling B 6:15 Movie Night: T	29 10:00 Its Yoga T 11:00 Devotion L 11:00 This Day in History CR 2:30 Courtyard Cornhole CY1 3:30 Happy Hour B 6:30 Sunset BINGO	30	All Activities (Date, Time, Place) Subject to Change  More details will be given on weekly activities schedules	