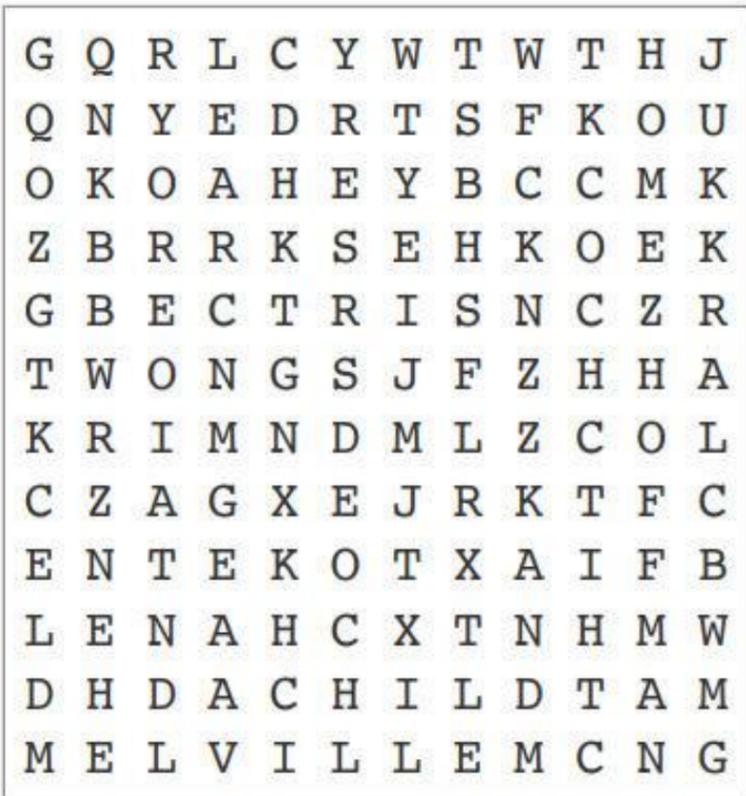




# Famous August Birthdays

The following people were born in August. Can you find their **last names**? Search horizontally, vertically, diagonally, forward, and backward.

- A. Neil **ARMSTRONG**
- B. Tony **BENNETT**
- C. Ingrid **BERGMAN**
- D. Tom **BRADY**
- E. Coco **CHANEL**
- F. Julia **CHILD**
- G. William **CLARK**
- H. Davy **CROCKETT**
- I. Eddie **FISHER**
- J. Alfred **HITCHCOCK**
- K. Dustin **HOFFMAN**
- L. Herman **MELVILLE**



**Bonus:** Match the person to the correct clue.

- |                               |                            |
|-------------------------------|----------------------------|
| 1. Lewis' partner _____       | 7. Actress _____           |
| 2. Movie director _____       | 8. Big band singer _____   |
| 3. Astronaut _____            | 9. Chef _____              |
| 4. Fashion designer _____     | 10. Frontiersman _____     |
| 5. Football quarterback _____ | 11. Author _____           |
| 6. Actor _____                | 12. Singer and actor _____ |

## AUGUST 2020 Newsletter



### Welcome New Residents:

- J. Thomas C.
- Gene & Betty M

### Celebrating Resident

- Shirley Hodges 8/5
- Odell Evans 8/10
- Modeen Swofford 8/13
- Myrna Torres 8/23

### Staff Birthdays

- Ternora Wells 8/1
- Jane Freeman 8/4
- London Mowen 8/6
- Jennifer Cueva 8/20
- Estell Barber 8/22
- Georgia Hammet 8/26
- Sasha Greer 8/27

### Keeping Our Cool

The so-called "dog days" of summer stretch from mid-July into mid-August. Today, many people believe that we call these the dog days because we all feel as hot as a dog, or that the heat of the day is enough to make a dog go crazy. But to discover the real explanation behind the dog days, look to the night sky. This period earned its canine moniker during the age of ancient Greece. Mid-July coincided with the rise of the constellation Canis Major, the Greater Dog, which features the brightest star in the night sky, Sirius, also known as the Dog Star. During this time, Sirius rises just before the sun. No wonder the word sirius means "scorching" in Greek. The Dog Star was believed to be a harbinger of drought, plague, lethargy, fever, thunderstorms, and bad luck. Lucky for us, modern technologies have given us plenty of ways to beat the heat. Perhaps the Greeks and Romans would have thought differently about Sirius if they had air conditioning? It is no coincidence that Air Conditioning Appreciation Days overlap with the dog days of summer, because for many this invention is the greatest source of relief from the oppressive heat. It was during the dog days of 1902 that Willis Carrier invented the first air conditioner. He did not set out to create artificial cooling but rather a machine that could lower humidity. A printing company came to Carrier with a problem. During summer, high humidity would wreak havoc with their color printing. Carrier designed a system of chilled coils, fans, ducts, heaters, and temperature controls that not only lowered the humidity inside the printing plant but created cool artificial breezes! Carrier's new industry changed the world. Air conditioners did not become widely available to the public until the 1960s, but once they became common in homes, heat-related deaths decreased by 80%. Talk about life-changing! Air-conditioning cools more than air; it cools our tempers, too. Research shows that heat increases aggression, while air-conditioning actually helps calm us down. It may be much easier to enjoy Relaxation Day on August 15 with the air-conditioning on!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All Activities (Date, Time, Place) Subject to Change</p> <p>More details will be given on weekly activities schedules</p>	B—Bistro (1st Floor) CR—Card Room (2nd Floor) CY 1—Courtyard 1 (Behind Bistro) CY 2—Courtyard 2 (Behind WC) DR—Dining Room (1st Floor) L—Library (3rd Floor) T—Theater (3rd Floor) WC—Wellness Center (1st Floor) S—Salon (1st Floor) MC—Memory Care (1st Floor) WD—Welcome Desk (1st Floor)	<p>Important Times to Know</p> <p>MEALTIME</p> <p>Breakfast 8:00—9:00 A.M            Lunch 12:00—1:00 P.M            Dinner 5:00—6:00 P.M</p> <p>Hydration Times 10am,4pm &amp; 7pm</p> <p><b>Snacks &amp; Hydration offered</b></p>				1 10:00 Devotion w/ Louisa B 11:00 Loosie Goosey w/Louisa T 2:00 Firework Craft CR 3:00 BINGO DR 4:00 Cranium Crunches B 8-9 Fireworks !!! CY1
2	3	4	5	6	7	8
9:30 Coffee/Muffins w/Louisa B 10:30 Church Service B 2:00 Crafts w/Louisa CR 3:30 Pampered Hands S 4:00 Cards CR	10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Painting with Santino T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night : T	10:30 Sunrise BINGO DR 11:30 Brain Exercise B 2:00 Hydration Corner DR 2:30 Seated Exercise with Santino T 3:30 Puzzle Time CR 5:00 Daily Chronicles B 6:15 Movie Night T	10:00 Its Yoga T 11:00 Devotion L 11:30 Cranium Crunches B 2:00 Pampered Hands S 3:00 Community Social DR 4:00 BINGO DR 5:00 Daily Chronicles B	10:00 Sugar Scrub Kit CR 11:00 5 Second Rule CR 2:00 Matinee Movie T 3:00 Craft Time/Paint Time B 4:00 Community Social DR 5:00 Daily Chronicles B 6:15 Bistro Card Games B	10:00 Coffee & Current Events B 11:00 Scavenger Hunt WD 2:00 Craft <del>Fri</del> ay!!! CR 3:00 Jewelry Making CR 4:00 Happy Hour DR 5:00 Daily Chronicles B 6:15 Movie Night: T	10:00 Devotion with Louisa B 11:00 Loosie Goosey w/Louisa T 2:00 Snack Crate B 3:00 BINGO with Louisa DR 4:00 Cranium Crunches B
9	10	11	12	13	14	15
9:30 Coffee/Muffins w/Louisa B 10:30 Church Service B 2:00 Working on that fitness T 3:30 Pampered Hands S 4:00 Cards CR	10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night : T	10:30 Sunrise BINGO DR 11:30 Wheel of Fortune B 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:30 Family Feud B 5:00 Daily Chronicles B 6:15 Movie Night T	10:00 Its Yoga T 11:00 Devotion L 11:30 Word Search and Coffee B 2:00 Pampered Hands S 3:00 Snack Crate DR 4:00 BINGO DR 5:00 Daily Chronicles B	10:00 Letters to our kids CR 11:00 Paint By Numbers CR 2:00 Matinee Movie T 3:00 Pictionary CR 4:00 Community Social DR 5:00 Daily Chronicles B 6:15 Bistro Card Games B	10:00 Coffee & Current Events B 11:00 Community Crossword B 2:00 Craft <del>Fri</del> ay! CR 3:00 The Price is Right CR 4:00 Happy Hour DR 5:00 Daily Chronicles B 6:15 Movie Night: T	10:00 Devotion w/Louisa B 11:00 Loosie Goosey w/ Louisa T 2:00 Arm Chair Travel T 3:00 BINGO DR 4:00 Cranium Crunches B
16	17	18	19	20	21	22
9:30 Coffee/Muffins w/Louisa B 10:30 Church Service B 2:00 Working on that fitness T 3:30 Pampered Hands S 4:00 Cards CR	10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Painting with Santino CR 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	10:30 Sunrise BINGO DR 11:30 Community Crossword B 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:30 Building WALK WD 5:00 Daily Chronicles B 6:15 Movie Night: T	10:00 Its Yoga T 11:00 Devotion L 11:30 Mystery Bag Gag CR 2:00 Pampered Hands S 3:00 Picture Puzzles DR 4:00 BINGO DR 5:00 Daily Chronicles B	10:00 Tongue Twister Madness CR 11:00 Pictionary CR 2:00 Matinee Movie T 3:00 Craft Time / Paint Time B 4:00 Community Social DR 5:00 Daily Chronicles B 6:15 Bistro Card Games B	10:00 Coffee & Current Events B 11:00 This day in History B 2:00 Craft <del>Fri</del> ay CR 3:00 Jewelry Making B 4:00 Happy Hour DR 5:00 Daily Chronicles B 6:15 Movie Night: T	10:00 Devotion w/ Louisa B 11:00 Loosie Goosey w/ Louisa T 2:00 Paint by Numbers CR 3:00 BINGO DR 4:00 Cranium Crunches B
23	24	25	26	27	28	29
9:30 Coffee/Muffins w/Louisa B 10:30 Church Service B 2:00 Crafts CR 3:00 Pampered Hands S 4:00 Cards CR	10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 This Day in History L 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	10:30 Sunrise BINGO DR 11:30 Brain Exercises B 2:00 Hydration Corner DR 2:30 Seated Exercise w/Santino T 3:30 Building WALK WD 5:00 Daily chronicles B 6:15 Movie Night: T	10:00 Its Yoga T 11:00 Devotion L 11:30 Mystery Bag Gag CR 2:00 Pampered Hands S 3:00 Community Social DR 4:00 BINGO DR 5:00 Daily Chronicles B	10:00 UNO Card Game CR 11:00 Cranium Crunches CR 2:00 Matinee Movie T 3:00 Community Crossword B 4:00 Community Social D 5:00 Daily Chronicles B 6:15 Bistro Card Games B	10:00 Coffee & Current Events B 11:00 Garden Club CY1 2:00 Craft <del>Fri</del> ay CR 3:00 3000 Questions CR 4:00 Happy Hour DR 5:00 Daily Chronicles B 6:15 Movie Night: T	10:00 Devotion w/ Louisa B 11:00 Loosie Goosey w/ Louisa T 2:00 Paint by Numbers CR 3:00 BINGO DR 4:00 Cranium Crunches B
30	31					
9:30 Coffee/Muffins w/Louisa B 10:30 Church Service B 2:00 Crafts CR 3:00 Pampered Hands S 4:00 Cards CR	10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Painting with Santino T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night : T	<p><b>Assisted Living Activities Calendar</b></p> <p>For more information, contact Santino Tedesco, Activity Director at <a href="mailto:Santino.Tedesco@waterstonconaugusta.com">Santino.Tedesco@waterstonconaugusta.com</a></p>				

### A CAN DO ATTITUDE

The first of August is International Can-It-Forward Day, a day to extol the virtues of preparing for winter by canning all types of foods. With careful planning, summer's bounty of fruits and vegetables can be enjoyed throughout the winter. The canning of foods was invented by Frenchman Nicolas Appert, a Parisian chef who successfully preserved the first soups, juices, jellies, vegetables, and syrups in jars. His process was simple; he sealed jars with cork and sealing wax and then boiled them to cook the contents, destroy bacteria, and make the jars airtight. In many ways, our modern methods of canning foods are no different from Appert's methods of a century ago

### AUGUST Birthdays

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.



### RESIDENT SPOTLIGHT

This month we are shining our light on the fabulous Helen Smith! Helen joined our community just shy of two years ago. Ever since her arrival she has made such an impact on our staff and residents. Helen is outgoing, energetic and super sweet. We are so blessed to have you as a part of our Waterstone Family. Keep putting smiles on everyone's faces and if you see Helen, give her a big hug.



### What's Happening in AUGUST....

Celebrating August Read-a-Romance-Novel Month

Happiness Happens Month

International Clown Week August 1–7

Watermelon Day August 3

Elvis Week August 8–16

Creamsicle Day August 14

Senior Citizens Day August 21

National Park Service Day August 25

Matchmaker Day August 31

### Flower Power

August 28 is Daffodil Day, a day celebrating this beautiful flower. The ancient Greeks, who called the flower a narcissus, acknowledged its beauty in their myths. A man named Narcissus was so taken with his own beauty that, after seeing his reflection in a pool of water, he stopped to admire himself. He was so obsessed with his beauty that he could not pull himself away from his own reflection. Alas, he died at the waterside, and in his place grew the first daffodil. It is from this myth that we get both the flower's name and the word narcissist, a word for those who admire themselves too much. But why shouldn't daffodils admire themselves? They are beautiful, after all. And because they are some of the first flowers to bloom in the spring, they are also associated with rebirth, renewal, new beginnings, and hope. For this reason, daffodils have become a potent symbol of hope in the fight against cancer. Cancer councils around the world use Daffodil Day to raise funds to support life-saving cancer research.

### The Road to Success

The road trip—more specifically the cross-country road trip—is considered an American rite of passage. The automobile itself encapsulates American notions of personal freedom, adventure, and self-sufficiency. The road trip even figures prominently in some of America's greatest novels, such as Jack Kerouac's *On the Road* and John Steinbeck's *Travels with Charley: In Search of America*. Yet before road trips became an American obsession, Bertha Benz, wife and business partner of the German automobile inventor Karl Benz, became the first person in the world to complete one. Karl was a brilliant engineer, as evidenced by the invention of his three-wheeled "horseless carriage." It was Bertha, however, who saw the need to publicize her husband's automobile, especially in light of the work of Gottlieb Daimler, who was perfecting his four-wheeled automobile. So, in early August of 1888, Bertha gathered her two teenage sons and hit the road to visit her mother in Pforzheim, 65 miles away. Bertha, setting out on the world's first road trip, acted as both driver and mechanic. Stories tell of how she repaired a broken ignition with her garter and unclogged a fuel line with a hatpin. When the wooden brakes wore thin, she implored a cobbler to install leather soles as the world's first brake pads. With each town she passed, both Bertha's fame and the publicity for the Benz auto grew. Smartly, Bertha returned home via a different route, further spreading the fame of the Benz auto and the ingenious woman who drove it. By the time Bertha arrived home, auto orders were pouring in and Benz was birthing an industry. Just over 20 years later, another woman would make driving history. Twenty-two-year-old Alice Ramsey became the first woman to drive across America, from New York to San Francisco. Like Bertha had, Ramsey faced poor roads and made many ingenious repairs to her 1909 Maxwell DA, but on August 7, 1909, after 59 days and 3,800 miles, she became the first female driver to complete that transcontinental rite of passage.

### MIGHTY MAIL ORDER

On August 18, 1872, Aaron Montgomery Ward mailed out a catalog detailing the wares he had for sale at his dry goods business in Chicago. His 8 X 12-inch pricing sheet was the world's first mail-order catalog. Ward believed that people living in rural communities wanted city goods and that he could provide them at an affordable cost. He mailed his goods from Chicago to rural train stations, where customers could pick them up. Country folk loved the wide selection of goods Ward was able to offer, and his idea gathered steam over the next few years. Rural retailers tried to thwart his success by burning the catalogs, to no avail. By 1883, Ward's modest pricing sheet had become a 240-page "Wish Book" filled with 10,000 items. Ward had become the titan of the mail-order business.

## ONLY YOU

During World War II, Japanese submarines bombed a California oil field and nearly triggered a massive forest fire. This prompted the Forest Service to run ads in conjunction with the War Advertising Council that read, "Another Enemy to Conquer: Forest Fires" and "Careless Matches Aid the Axis." Disney had just released the hit Bambi and allowed the young animated deer to be used as a mascot. Then, on August 9, 1944, the U.S. Forest Service retired Bambi and adopted Smokey Bear as its new mascot, wearing his trademark Ranger's hat and blue jeans and carrying a shovel. Soon, every camper in America knew about Smokey and his mission to prevent forest fires. In 1950, a manmade fire swept through Lincoln National Forest in New Mexico. While trapped by the flames, twenty-four firefighters found a lone black bear cub clinging to a smoldering tree. All survived, and the rescued cub was named Smokey. He was moved to the National Zoo in Washington, D.C., where visitors could meet the real-life Smokey Bear, learn his story of survival, and understand the horrible dangers forest fires pose to both wildlife and society. Over the decades, Smokey's message has sunk into the consciousness of America. The average amount of forest consumed by fire fell steadily each year, from 22 million acres in 1944 to 6.6 million in 2011. Americans understood the dangers and destructiveness of forest fires and that fires could often be prevented. But has all this fire suppression been counterproductive? Some argue that fire suppression has led to a buildup of dead trees and dried underbrush, creating a fuel to feed catastrophic blazes. We now know fires are a natural part of a forest's life cycle, important for its growth and renewal. What does this mean for Smokey Bear and his messaging? Perhaps it means that the best way to help

## Billikien on Parade

Every August since 1929, the Bud Billiken Parade has marched through Chicago, Illinois, and is the longest-running African American parade in the United States. Bud Billiken was a fictional character created by Robert Abbott, the founder and editor of The Chicago Defender newspaper, the foremost black newspaper of the early 1900s. In 1921, Abbott created the Bud Billiken persona to give hope and happiness to Chicago's black youth. He ran a Bud Billiken youth page that even featured a Bud Billiken cartoon. He got the name from the Billiken charm doll, a mythical creature that supposedly brought good luck to children. Abbott's first Bud Billiken parade honored hardworking newsboys, but it soon grew into an annual celebration of African American greatness and has drawn the likes of Muhammad Ali, Aretha Franklin, and presidents Harry Truman and Barack Obama.

## King's Inspirational "Dream"

On August 28, 1963, before a crowd of 250,000 Americans, Martin Luther King Jr. gave his "I Have a Dream" speech at the Lincoln Memorial in Washington, D.C. The speech remains one of the most memorable ever made, ranking alongside Lincoln's "Gettysburg Address" as one of the most moving and most analyzed in American history. King's mention of his "dream" was not in his prepared remarks. Gospel singer Mahalia Jackson prompted King to "tell them about the dream," and so King improvised the most famous part of his speech on the spot. King and his thousands of followers had come to the capital for their March on Washington for Jobs and Freedom. The march was attended by civil rights leaders, the United Auto Workers Union, and the American Jewish Congress, all of which were united in their calls for desegregating public schools, expanding federal works programs to train workers, and addressing violations of citizens' constitutional rights. The march was not strictly business. Musicians such as Joan Baez, Bob Dylan, and Mahalia Jackson were scheduled to perform. Jackson, especially, was a mainstay at King's rallies. Their relationship was such that she had no qualms in interrupting King during his remarks and suggesting that he "tell them about the dream." For many attendees of the march and many in the media, King's speech was the highlight. The fact that it was televised also helped the civil rights movement gain mainstream acceptance. Indeed, King's triumphant speech at the feet of Lincoln helped secure the passage of the Civil Rights Act of 1964 and paved the way for the passage of the Voting Rights Act of 1965. Both the image of King at the podium and his refrain of "I have a dream" have become defining moments of the civil rights era. Not only was King's speech added to the Library of Congress' National Recording Registry in 2002, but its words were forever etched into the marble steps of the Lincoln Memorial in the exact place where King stood on August 28, 1963.

## HISTORY HAPPENINGS

with Vanessa

## EDWARDS MILL

Taylors, SC

**Joseph Edwards Sr. (born 1754-VA) served in the Virginia State Militia during the Revolutionary War. After the war, land in what is now Greenville County was opened up for settlement.**

**Joseph, his wife Mary and their family left Culpeper, VA and were one of 13 families to migrate to Greenville in 1787. Several years later, Joseph owned land on Mountain Creek.**

**In the 1790s, he built a grist mill and a sawmill on the property. To process logs, he used a slasher (an enlarged version of a hand saw) run by waterpower. The sawmill would later produce lumber for local bridges. Joseph and his wife Mary had 7 children and upon his death in 1838, the property went to Joseph Jr. Joseph Jr. and his wife, Elizabeth, had 2 children, one of which was Joseph III.**

**In 1850, Joseph Jr. sold the property to his son, Joseph III. In 1851, Joseph III built a new grist mill on the property and in 1852, records state that there were several mills located on the property.**

**One was the sawmill and the other was a carding mill. Joseph III also had a license to sell "spiritous liquors" (so it sounds like there was a still along side those mills).**

**By the start of the Civil War, the grist mill was producing about 800 barrels of flour and 2800 barrels of meal a year. Although the carding and sawmills burned in 1945, the grist mill still stands today on Edwards Mill Rd., located off of Wade Hampton Blvd. in Taylors.**

