

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2020

## Memory Care Activities Calendar

<p><b>October 2020</b></p> <p><b>Memory Care Activities Calendar</b></p>				<p><b>1</b></p> <p>9:00 Daily Chronicles 10:00 Seated Exercise 11:00 Devotion 1:30 Brain Games 3:30 Snacks and YOU 6:30 Andy Griffith Nite</p>	<p><b>2</b></p> <p>9:00 Coffee and News 10:00 Humor Bones 10:30 Hydration Corner 11:00 Jewelry Making 1:30 Rest &amp; Relax 2:30 Table Bowling 3:30 Happy Hour</p> <p>Sukkot Begins</p>	<p><b>3</b></p> <p>10:00 Coffee &amp; Convos 11:00 Who Am I 1:30 Courtyard Hangout 3:30 Saturday Movie</p>
				<p><b>4</b></p> <p>10:00 Ch 7 Church Services 11:00 Cranium Crunches 2:00 BINGO 3:30 Sunday Movie</p>	<p><b>5</b></p> <p>9:00 Coffee Talk 10:00 Seated Exercise 1:30 Rest &amp; Relax 2:30 Halloween Art &amp; Craft 3:30 Aromatherapy 6:00 Nightly News</p>	<p><b>6</b></p> <p>9:00 Daily Chronicles 10:00 Balloon Ball 1:30 Rest &amp; Relax 2:30 Bible Study 3:30 BINGO 6:30 Television and Popcorn</p>
<p><b>11</b></p> <p>10:00 Ch 7 Church Services 11:00 Cranium Crunches 2:00 BINGO 3:30 Sunday Movie:</p>	<p><b>12</b></p> <p>9:00 Memory Guessing Game 10:00 Seated Exercise 1:30 Rest &amp; Relax 2:30 Columbus trivia game 3:30 Flower Arranging 6:00 Nightly News</p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p><b>13</b></p> <p>9:00 Daily Chronicles 10:00 Balloon Ball 1:30 Rest &amp; Relax 2:30 Bible Study 3:30 BINGO 6:30 Movie Night: Hocus Pocus</p>	<p><b>14</b></p> <p>9:00 Coffee &amp; News 10:00 YOGA 11:00 Devotion 1:30 Rest &amp; Relax 2:30 Hallway Bowling 3:30 Manicures 6:15 Comedy Hour</p>	<p><b>15</b></p> <p>9:00 Daily Chronicles 10:00 Humor BONE 11:00 Devotion 1:30 Rest &amp; Relax 2:30 Painting and Music 3:30 Cranium Crunches 6:30 Andy Griffith Nite</p>	<p><b>16</b></p> <p>9:00 Coffee and News 10:00 Pumpkin Spice Morning 10:30 Hydration Corner 11:00 October Puzzles 2:30 Courtyard games 3:30 Happy Hour</p>	<p><b>17</b></p> <p>10:00 Coffee &amp; Convos 11:00 Who Am I 1:30 Courtyard Hangout 3:30 Saturday Movie</p>
<p><b>18</b></p> <p>10:00 Ch 7 Church Services 11:00 Cranium Crunches 2:00 BINGO 3:30 Sunday Movie</p>	<p><b>19</b></p> <p>9:00 Coffee Talk 10:00 Seated Exercise 1:30 Rest &amp; Relax 2:30 Ghoulish Mystery Box 3:30 Discuss &amp; Recall 6:00 Nightly News</p>	<p><b>20</b></p> <p>9:00 Daily Chronicles 10:00 Balloon Ball 1:30 Rest &amp; Relax 2:30 Bible Study 3:30 BINGO 6:30 Television and Popcorn</p>	<p><b>21</b></p> <p>9:00 Memory Guessing Game 10:00 YOGA 11:00 Devotion 1:30 Rest &amp; Relax 2:30 Mix &amp; Match Game 3:30 Manicures 6:15 Brain Aerobics</p>	<p><b>22</b></p> <p>9:00 Daily Chronicles 10:00 Short Stories 11:00 Card Games 1:30 Rest &amp; Relax 2:30 3:30 Hallway Bowling 6:30 Movies Movies</p>	<p><b>23</b></p> <p>9:00 Coffee and News 10:00 Memory Boxes 10:30 Hydration Corner 11:00 Bible Trivia 1:30 Rest &amp; Relax 2:30 Outside Walks 3:30 Happy Hour</p>	<p><b>24</b></p> <p>10:00 Coffee &amp; Convos 11:00 Adult Coloring 1:30 Courtyard Hangout 3:30 Saturday Movie</p>
<p><b>25</b></p> <p>10:00 Ch 7 Church Services 11:00 Cranium Crunches 2:00 BINGO 3:30 Sunday Movie</p>	<p><b>26</b></p> <p>9:00 Memory Guessing Game 10:00 Seated Exercise 1:30 Rest &amp; Relax 2:30 Pumpkin Carving 3:30 Music and Dancing 6:00 Nightly News</p>	<p><b>27</b></p> <p>9:00 Daily Chronicles 10:00 Balloon Ball 1:30 Rest &amp; Relax 2:30 Bible Study 3:30 BINGO 6:30 Movie Night: Three Stooges</p>	<p><b>28</b></p> <p>9:00 Coffee &amp; News 10:00 YOGA 10:30 Devotion 1:30 Rest &amp; Relax 2:30 Monthly Gazette 3:30 Manicure 6:15 Comedy Hour</p>	<p><b>29</b></p> <p>9:00 Daily Chronicles 10:00 Short Stories 11:00 Shape Sorting 1:30 Rest &amp; Relax 2:30 Halloween TSHIRT Making 3:30 Pumpkin Painting Social 6:30 Andy Griffith Nite</p>	<p><b>30</b></p> <p>9:00 Coffee and News 10:00 10:30 Hydration Corner 11:00 Bible Trivia 1:30 Rest &amp; Relax 2:30 Outside Walks 3:30 Happy Hour</p>	<p><b>31</b></p> <p>10:00 Coffee &amp; Convos 11:00 Who Am I 1:30 Courtyard Hangout 3:30 Saturday Movie</p> <p>Halloween</p>

For more information please contact Activity Director Santino Ciaccia-Tedesco @ Santino.Tedesco@waterstoneonagusta.com