

# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B—Bistro (1st Floor) CR—Card Room (2nd Floor) CY 1—Courtyard 1 (Behind Bistro) CY 2—Courtyard 2 (Behind WC) DR—Dining Room (1st Floor) L—Library (3rd Floor) T—Theater (3rd Floor)  WC—Wellness Center (1st Floor) S—Salon (1st Floor) MC—Memory Care (1st Floor) WD—Welcome Desk (1st Floor)	Important Times to Know  MEAL TIME  Breakfast 8:00—9:00 A.M.  Lunch 12:00—1:00 P.M.  Dinner 5:00—6:00 P.M.  Hydration Times 10am, 4pm & 7pm  <b>Snacks &amp; Hydration offered throughout each day!</b>	<b>1</b>  10:30 Sunrise BINGO DR  11:30 Brain Exercise B  2:00 Hydration Corner DR  2:30 Seated Exercise w/ Santino T  3:30 Puzzle Time CR  5:00 Daily Chronicles B	<b>2</b>  10:00 Its Yoga T  11:00 Devotion L  11:30 Sensational Sounds CR  2:00 Pampered Hands S  3:00 BINGO DR  4:00 Community Social B  5:00 Daily Chronicles B	<b>3</b>  10:00 Sugar Scrub Kit CR  11:00 Brain Teasers CR  2:00 Matinee Movie T  2:00 Hangman Groups CR  3:00 Community Social B  5:00 Daily Chronicles B  6:15 Bistro Card Games B	<b>4</b>  10:00 Coffee & Current Events B  11:00 Scavenger Hunt WD  2:00 Organic Preserves and You B  3:00 Jewelry Making CR  4:00 Happy Hour B  5:00 Daily Chronicles B  6:15 Movie Night: T	<b>5</b>  10:00 Devotion w/ Louisa B  11:00 Loosie Goosey w/Louisa T  2:00 Craft CR  3:00 BINGO DR  4:00 Cranium Crunches B  5:00 Daily Chronicles B
<b>6</b>  9:30 Coffee/Muffins w/Louisa B  10:30 Church Service B  2:00 Crafts w/Louisa CR  3:30 Pampered Hands S  4:00 Cards/games & discussion CR	<b>7 Labor Day</b>  10:00 Cardio Classic T  10:30 Devotion L  11:00 Painting with Santino CR  2:00 Comedy Movie Time T  3:00 BINGO DR  5:00 Daily Chronicles B  6:15 Movie Night : T	<b>8</b>  10:30 Sunrise BINGO DR  11:30 Brain Exercise B  2:00 Hydration Corner DR  2:30 Seated Exercise w/ Santino T  3:30 Puzzle Time CR  5:00 Daily Chronicles B  6:15 Movie Night T	<b>9</b>  10:00 Its Yoga T  11:00 Devotion L  11:30 Word Search and Coffee B  2:00 Pampered Hands S  3:00 BINGO DR  4:00 Community Social B  5:00 Daily Chronicles B	<b>10</b>  10:00 Trivia For you CR  11:00 5 Second Rule CR  2:00 Matinee Movie T  3:00 Wellness center seminar T  5:00 Daily Chronicles B  6:15 Bistro Card Games B	<b>11</b>  10:00 Coffee & Current Events B  11:00 Scavenger Hunt WD  2:00 Cheese and Wine Pairing B  3:00 Jewelry Making CR  4:00 Happy Hour B  5:00 Daily Chronicles B  6:15 Movie Night: T	<b>12</b>  10:00 Devotion with Louisa B  11:00 Loosie Goosey w/Louisa T  2:00 Snack Crate B  3:00 BINGO with Louisa DR  4:00 Cranium Crunches B  5:00 Daily Chronicles B
<b>13 Grandparents Day</b>  9:30 Coffee/Muffins w/Louisa B  10:30 Church Service B  2:00 Working on that fitness T  3:30 Pampered Hands S  4:00 Cards/ games & discussion CR	<b>14</b>  10:00 Sit and Stretch w/ Santino T  10:30 Devotion L  11:00 Arm Chair Travel T  2:00 Comedy Movie Time T  3:00 BINGO DR  5:00 Daily Chronicles B  6:15 Movie Night : T	<b>15</b>  10:30 Sunrise BINGO DR  11:30 Wheel of Fortune B  2:00 Hydration Corner DR  2:30 Seated Exercise w/Santino T  3:30 Family Feud B  5:00 Daily Chronicles B  6:15 Movie Night T	<b>16</b>  10:00 Its Yoga T  11:00 Devotion L  11:30 Cranium Crunches B  2:00 Pampered Hands S  2:00 BINGO DR  3:00 Community Council DR  5:00 Daily Chronicles B	<b>17</b>  10:00 Letters to our kids CR  11:00 Resin Mold Madness CR  2:00 Matinee Movie T  2:30 Pictionary CR  3:00 Community Social B  5:00 Daily Chronicles B  6:15 Bistro Card Games B	<b>18</b>  10:00 Coffee & Current Events B  11:00 Community Crossword B  2:00 Resin Mold Madness CR  3:00 Jewelry Making CR  4:00 Happy Hour/ Oktoberfest Beer Tasting B  5:00 Daily Chronicles B  6:15 Movie Night: T	<b>19</b>  10:00 Devotion w/Louisa B  11:00 Loosie Goosey w/ Louisa T  2:00 Arm Chair Travel T  3:00 BINGO DR  4:00 Cranium Crunches B  5:00 Daily Chronicles B
<b>20</b>  9:30 Coffee/Muffins w/Louisa B  10:30 Church Service B  2:00 Working on that fitness T  3:30 Pampered Hands S  4:00 Cards/games & discussion CR	<b>21</b>  10:00 Cardio Classic T  10:30 Devotion L  11:00 Painting with Santino CR  2:00 Comedy Movie Time T  3:00 BINGO DR  5:00 Daily Chronicles B  6:15 Movie Night T	<b>22</b>  10:30 Sunrise BINGO DR  11:30 Community Crossword B  2:00 Hydration Corner DR  2:30 Wellness Center Explore WC  3:30 Group WALK WD  5:00 Daily Chronicles B  6:15 Movie Night: T	<b>23</b>  10:00 Its Yoga T  11:00 Devotion L  11:30 Sensational Sounds CR  2:00 Pampered Hands S  3:00 BINGO DR  5:00 Daily Chronicles B	<b>24</b>  10:00 Tongue Twister Madness CR  11:00 Who What When? CR  2:00 Matinee Movie T  2:00 Craft Time /Paint Time B  3:00 Community Social B  5:00 Daily Chronicles B  6:15 Bistro Card Games	<b>25</b>  10:00 Coffee & Current Events B  11:00 This day in History B  2:00 Craft Friyay CR  3:00 Jewelry Making B  4:00 Happy Hour B  5:00 Daily Chronicles B  6:15 Movie Night: T	<b>26</b>  10:00 Devotion w/ Louisa B  11:00 Loosie Goosey w/ Louisa T  2:00 Paint by Numbers CR  3:00 BINGO DR  4:00 Cranium Crunches B  5:00 Daily Chronicles B
<b>27</b>  9:30 Coffee/Muffins w/Louisa B  10:30 Church Service B  2:00 Crafts CR  3:00 Pampered Hands S  4:00 Cards/games & discussion CR	<b>28</b>  10:00 Sit and Stretch w/ Santino T  10:30 Devotion L  11:00 Arm Chair Travel T  2:00 Comedy Movie Time T  3:00 BINGO DR  5:00 Daily Chronicles B  6:15 Movie Night T	<b>29</b>  10:30 Sunrise BINGO DR  11:30 Brain Exercises B  2:00 Hydration Croner DR  2:30 Seated Exercise w/Santino T  3:30 Building WALK WD  5:00 Daily chronicles B  6:15 Movie Night: T	<b>30</b>  10:00 Its Yoga T  11:00 Devotion L  11:30 Word Search and Brains CR  2:00 Pampered Hands S  3:00 BINGO DR  4:00 Community Social B  5:00 Daily Chronicles B	All Activities (Date, Time, Place) Subject to Change  More details will be given on weekly activities schedules		