

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Savings time ENDS 9:30 Coffee/Muffins B 10:30 Church Service CH 7 B 2:00 Matinee Movie T 4:00 Daily Chronicles B	2 10:00 Cardio Classic T 11:00 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	3 Election DAY 10:30 News and YOU!! B 11:30 Brain Exercises B 2:00 Hydration Croner DR 2:30 Seated Exercise w/Santino T 3:00 BINGO DR 5:00 Daily chronicles B 6:15 Movie Night: T	4 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Word Search and Brains CR 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	5 10:00 Coffee & Garden Talk CR 11:00 Brain Teasers CR 2:00 Matinee Movie T 2:00 Hangman Groups CR 3:00 Community Social B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	6 10:00 Morning Painting Class B 11:00 Fun with Food B 2:00 Netflix and More T 3:00 Table Bowling B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	7 10:00 Cranium Crunches B 2:00 Can you Picture This? CR 3:00 BINGO w/ Santino DR 5:00 Daily Chronicles B
8 9:30 Coffee/Muffins B 10:30 Church Service CH 7 B 2:00 Matinee Movie T 4:00 Daily Chronicles B	9 10:00 Cardio Classic T 11:00 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	10 10:30 Crafts for the Ages B 11:30 Brain Exercise B 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	11 Veterans DAY 10:00 Its Yoga & Breathing T 11:00 Veterans Day Documentary/ Dedication T 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	12 10:00 Aromatherapy Game CR 11:00 5 Second Rule CR 2:00 Matinee Movie T 3:00 CRAFTSSS B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	13 10:00 Coffee & Current Events B 11:00 Making Fall Cookies B 2:00 Darts Competition B 3:00 Fun with Food B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	14 10:00 Gadgets and Gizmos B 2:00 Snack Crate B 3:00 BINGO w/ Santino DR 4:00 Cranium Crunches B 5:00 Daily Chronicles B
15 9:30 Coffee/Muffins B 10:30 Church Service CH 7 B 2:00 Matinee Movie T 4:00 Daily Chronicles B	16 10:00 Sit and Stretch w/ Tino T 11:00 Devotion L 2:00 Painting Class B 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	17 10:30 News and YOU!! B 11:30 Wheel of Fortune B 2:00 Hydration Corner DR 2:30 Seated Exercise w/Santino T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	18 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Cranium Crunches B 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	19 10:00 Cards to Take CR 11:00 Resin Mold Madness CR 2:00 Matinee Movie T 2:30 Pictionary CR 3:30 Wellness center seminar T 5:00 Daily Chronicles B 6:15 Bistro Card Games B	20 10:00 Morning Painting Class B 11:00 Community Crossword B 2:00 Resin Mold Madness CR 3:00 Table Bowling B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	21 10:00 Cranium Crunches B 2:00 Netflix Documentary T 3:00 BINGO w/ Santino DR 5:00 Daily Chronicles B
22 9:30 Coffee/Muffins B 10:30 Church Service CH 7 T 2:00 Matinee Movie T 4:00 Daily Chronicles B	23 10:00 Cardio Classic T 11:00 Devotion L 11:00 Netflix and More T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	24 10:30 Crafts for the Ages B 11:30 Community Crossword B 2:00 Hydration Corner DR 2:30 Wellness Center Explore WC 3:30 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night: T	25 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Sensational Sounds CR 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	26 Thanksgiving 10:00 Trivia for you and me CR 11:00 Who What When? CR 2:00 Matinee Movie T 3:00 Thankful Social B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	27 10:00 Coffee & Current Events B 11:00 This day in History B 2:00 Telephone GAME CR 3:00 Jewelry Making CR 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night:	28 10:00 Gadgets and Gizmos B 3:00 BINGO w/ Santino DR 4:00 Cranium Crunches B 5:00 Daily Chronicles B
29 9:30 Coffee/Muffins B 10:30 Church Service CH 7 T 2:00 Matinee Movie T 4:00 Daily Chronicles B	30 10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	B—Bistro (1stFloor) CR—Card Room (2nd Floor) CY 1—Courtyard 1 (Behind Bistro) CY 2—Courtyard 2 (Behind WC) DR—Dining Room (1st Floor) L—Library (3rd Floor) T—Theater (3rd Floor) WC—Wellness Center (1st Floor) S—Salon (1st Floor) MC—Memory Care (1st Floor) WD— Welcome Desk (1st Floor)	All Activities (Date, Time, Place) Subject to Change More details will be given on weekly activities schedules	Important Times to Know MEAL TIME Breakfast 8:00—9:00 A.M Lunch 12:00—1:00 P.M Dinner 5:00—6:00 P.M Hydration Times 10am,4pm & 7pm Snacks & Hydration offered throughout each day!		