

Hello December!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B—Bistro (1st Floor) CR—Card Room (2nd Floor) CY 1—Courtyard 1 (Behind Bistro) CY 2—Courtyard 2 (Behind WC) DR—Dining Room (1st Floor) L—Library (3rd Floor) T—Theater (3rd Floor) WC—Wellness Center (1st Floor) S—Salon (1st Floor) MC—Memory Care (1st Floor) WD— Welcome Desk (1st Floor)	10:00 Cardio Classic T 11:00 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	1 10:30 Ya News, Ya Loose B 11:30 Brain Exercises B 2:00 Hydration Croner DR 2:30 Seated Exercise w/Santino T 3:00 BINGO DR 5:00 Daily chronicles B 6:15 Movie Night: T	2 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Word Search and Brains CR 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	3 10:00 3000 pick or choose CR 11:00 Brain Teasers CR 2:00 Matinee Movie T 2:00 Hangman Groups CR 3:00 Community Social B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	4 10:00 Morning Painting Class B 11:00 Fun with Food B 2:00 Netflix and More T 3:00 Table Bowling B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	5 10:00 Cranium Crunches B 2:00 Can you Picture This? CR 3:00 BINGO DR 5:00 Daily Chronicles B
6 9:30 Coffee/Muffins B 10:30 Church Service CH 7 B 2:00 Matinee Movie T 4:00 Daily Chronicles B	7 10:00 Cardio Classic T 11:00 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	8 10:30 Crafts for the Ages B 11:30 Brain Exercise B 2:00 Hydration Corner DR 2:30 Seated Exercise w/ Santino T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	9 10:00 Its Yoga & Breathing T 11:00 jump jive work out T 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	10 Hanukkah Begins at Sunset 10:00 Aromatherapy Game CR 11:00 5 Second Rule CR 2:00 Matinee Movie T 3:00 CRAFTSSS B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	11 10:00 Coffee & Current Events B 11:00 Making HOLIDAZE Cookies B 2:00 Darts Competition B 3:00 Fun with Food B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	12 10:00 Gadgets and Gizmos B 3:00 BINGO DR 4:00 Cranium Crunches B 5:00 Daily Chronicles B
13 9:30 Coffee/Muffins B 10:30 Church Service CH 7 B 2:00 Matinee Movie T 4:00 Daily Chronicles B	14 10:00 Sit and Stretch w/ Tino T 11:00 Devotion L 2:00 Painting Class B 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	15 10:30 News and YOU!! B 11:30 Wheel of Fortune B 2:00 Hydration Corner DR 2:30 Seated Exercise w/Santino T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	16 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Cranium Crunches B 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	17 10:00 UNO CARD GAME CR 11:00 Resin Mold Madness CR 2:00 Matinee Movie T 2:30 Pictionary CR 3:30 Wellness center seminar T 5:00 Daily Chronicles B 6:15 Bistro Card Games B	18 10:00 Morning Painting Class B 11:00 Community Crossword B 2:00 Resin Mold Madness CR 3:00 Table Bowling B 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	19 10:00 Cranium Crunches B 2:00 Netflix Documentary T 3:00 BINGO DR 5:00 Daily Chronicles B
20 9:30 Coffee/Muffins B 10:30 Church Service CH 7 T 2:00 Matinee Movie T 4:00 Daily Chronicles B	21 FIRST DAY OF WINTER 10:00 Cardio Classic T 11:00 Devotion L 11:00 Netflix and More T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	22 10:30 Crafts for the Ages B 11:30 Community Crossword B 2:00 Hydration Corner DR 2:30 Wellness Center Explore WC 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night: T	23 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Sensational Sounds CR 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	24 10:00 Trivia for you and me CR 11:00 Who What When? CR 2:00 Matinee Movie T 3:00 CHRISTMAS EVE Social B 5:00 Daily Chronicles B 6:15 Bistro Card Games B	25 CHRISTMAS 10:00 Coffee & Current Events B 11:00 This day in History B 2:00 Telephone GAME CR 3:00 Jewelry Making CR 4:00 Happy Hour B 5:00 Daily Chronicles B 6:15 Movie Night: T	26 KAWNZAA BEGINS 10:00 Gadgets and Gizmos B 3:00 BINGO DR 4:00 Cranium Crunches B 5:00 Daily Chronicles B
27 9:30 Coffee/Muffins B 10:30 Church Service CH 7 T 2:00 Matinee Movie T 4:00 Daily Chronicles B	28 10:00 Sit and Stretch w/ Santino T 10:30 Devotion L 11:00 Arm Chair Travel T 2:00 Comedy Movie Time T 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Monday Night Football B	29 10:30 Crafts for the Ages B 11:30 Community Crossword B 2:00 Hydration Corner DR 2:30 Wellness Center Explore WC 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night: T	30 10:00 Its Yoga & Breathing T 11:00 Devotion L 11:30 Sensational Sounds CR 2:00 Pampered Hands S 3:00 BINGO DR 5:00 Daily Chronicles B 6:15 Movie Night T	31 NEWS YEARS EVE 10:00 Cards to Take CR 11:00 Resin Mold Madness CR 2:00 Matinee Movie T 2:30 Pictionary CR 3:30 UNO CARD GAME CR 5:00 Daily Chronicles B 6:15 Bistro Card Games B	Important Times to Know MEAL TIME Breakfast 8:00—9:00 A.M Lunch 12:00—1:00 P.M Dinner 5:00—6:00 P.M Hydration Times 10am, 4pm & 7pm Snacks & Hydration offered throughout each day!	All Activities (Date, Time, Place) Subject to Change More details will be given on weekly

