


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>December 2020 MEMORY CARE ACTIVITIES CALENDAR</p>		1 9:00 Morning Exercise 10:00 Introduce & Name our Elf on the Shelf 10:30 Decorate the Christmas Tree 2:00 Manicures	2 9:00 Hot Chocolate & Devotion 10:00 Elf on the Shelf 1:30 Balloon Ball 3:00 Word Search 6:25 Movie: The Santa Clause	3 9:00 Coffee & News 10:00 Elf on the Shelf 1:00 Curls & conversation 4:00 Movie: Disney's Christmas Caro	4 9:00 Seated Exercise 10:00 Elf on the Shelf 11:30 This Day in History 3:00 Pine Cone Bow Ornament	5 9:00 Morning Stretching & Exercise 10:00 Elf on the Shelf 11:00 Adult Coloring 2:00 Bingo 6:35 Movie: Rudolph the Red-Nosed Reindeer	
	6 9:00 Coffee & News 10:00 Ch 7 Church Service 1:00 Holiday Crosswords & Word Searches 5:00 Movie: Frosty the Snowman	7 10:00 Guess that taste 1:00 Decorate your Stocking 3:00 Hydration & Snacks	8 10:00 Elf on the Shelf 11:00 Adult Coloring 1:30 Manicures 3:30 Christmas Bing	9 9:00 Coffee & Devotion 10:00 Elf on the Shelf 2:30 Decorate Holiday Table Placemats	10 10:00 Elf on the Shelf 1:30 Brain Games 3:00 Christmas Music & aromatherapy <small>Hanukkah Begins</small>	11 10:00 Elf on the Shelf 1:30 Rice Krispy Wreath Decorating 4:05 Movie: How the Grinch Stole Christmas	12 9:30 Yoga 11:00 Cranium Crunches 2:00 Holiday Hymns 6:00 Comedy Classics Tv Show Night
	13 9:00 Coffee & News 10:00 Ch 7 Church Service 2:00 Bingo 4:00 Christmas Movie	14 9:00 Coffee & Devotion 10:00 Elf on a Shelf 10:30 Christmas Sing A Long 1:30 Balloon Ball	15 9:00 Marshmallow Hot Chocolate & Devotion 10:00 Elf on a Shelf 11:00 Christmas Tree Bean Bag Toss 1:00 Manicures	16 9:00 Coffee & Conversation 10:00 Elf on a Shelf 11:00 Guess that smell 2:30 Create a Snow Globe 4:00 Christmas Trivia	17 10:00 Elf on a Shelf 11:00 Guess that taste 1:30 Curls and conversation 3:30 Card Games 6:00 Christmas Movie	18 10:00 Elf on a Shelf 11:00 Holiday Hangman 1:30 Rest & Relax 3:00 Hydration & Snacks 4:00 Manicures	19 10:00 Seated Exercise 1:00 Adult Coloring 3:30 Christmas Crosswords
	20 9:00 Coffee & News 10:00 Ch 7 Church Service 11:00 Seated Exercise 1:00 This day in History 3:30 Christmas Movie	21 9:00 Cardio Exercise 10:00 Elf on the Shelf 1:30 Christmas Scavenger Hunt 2:30 Rest & Relax <small>Winter Begins</small>	22 9:00 Hot Chocolate & Devotion 10:00 Find the Elf on the Shelf 11:00 Adult Coloring 2:30 Bingo	23 10:00 Elf on the Shelf 9:00 Peppermint Hot Choc & Devotion 2:30 Holiday Paint & Sip	24 10:00 Elf on the Shelf 11:00 This day in History 1:00 Curls and conversation 3:30 Decorating Holiday Cookies	25 9:00 Coffee & News 11:00 Christmas Coloring 1:00 Christmas Bingo 3:30 Christmas Cookie Social *Christmas Movies (All Day) <small>Christmas</small>	26 9:00 Coffee & News 11:00 Name that Tune 2:30 Aromatherapy Rest & Relax <small>Boxing Day (Canada) Kwanzaa Begins</small>
	27 10:00 Ch 7 Church Service 11:00 Coffee & News 3:00 Bingo 6:00 Christmas Movie	28 10:00 Find the Elf on the Shelf 2:30 Hydration & Snacks 3:00 Then & Now Game	29 10:00 Elf on the Shelf 11:00 Christmas Trivia 2:00 Christmas Carol Matching Game 3:30 Manicures	30 10:00 Find the Elf on the Shelf 11:00 Balloon Ball 1:30 Words in a word 3:00 Rest & Relax	31 9:00 Seated Exercise 10:30 Cranium Crunches 2:30 Manicures 4:00 Music & Aromatherapy <small>New Year's Eve</small>	