

Waterstone on Augusta

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Celebrating June

Great Outdoors Month

Audiobook Appreciation Month

African American Music Appreciation Month

Chocolate Ice Cream Day
June 7

Family Health and Fitness Day
June 12

Flag Day (U.S.)
June 14

Juneteenth
June 19

Father's Day (U.S.)
June 20

Pink Flamingo Day
June 23

Day of the Seafarer
June 25

Tour de France Begins
June 26

Exporting Excellence

June is Caribbean American Heritage Month, a month to recognize the many invaluable contributions Caribbean immigrants have made to America. For many, the most famous Caribbean immigrant to come to America was Founding Father Alexander Hamilton, who was born on the small island of Nevis and eventually moved to St. Croix before venturing to King's College in New York City to embark on a storied political career. Perhaps just as impressive is newly elected Vice President Kamala Harris, who is both the first female vice president and the daughter of a Jamaican father. Similarly, former U.S. Secretary of State Colin Powell's parents were both from Jamaica. Jamaica's influence extends well beyond the political—the tiny island nation has exported influential artists, scientists, businesspeople, and activists.

Perhaps no name is more synonymous with Jamaica than Bob Marley. During the 1970s, Marley single-handedly popularized reggae music around the world. Through his music, Marley also delivered messages about Jamaica's struggles with poverty and inequality, struggles that he himself contended with during his life. His hardships began at birth when his white British father Capt. Norval Marley, a colonial superintendent of the island, abandoned his young Jamaican wife, leaving her to raise Bob on her own. Marley turned his difficult life story into a universal story of hope and strength for all Jamaicans, transforming hardship into beauty and song.

Often, world-famous Jamaicans like Bob Marley overshadow others making significant contributions to science and society. For example, Dr. Neil Hanchard is a leading expert in the field of childhood genetic disease. Hanchard's research will improve life for children all around the world. Then there's chess grandmaster Maurice Ashley, Surgeon General of California Nadine Harris, author Malcolm Gladwell, basketball star Patrick Ewing, and so many other Jamaicans. It seems that every part of American society and the farthest reaches of the globe have been touched by Jamaica's influence.

Driven to Succeed

On June 6, 1933, Richard Hollingshead Jr. put a grand plan in motion. He opened the world's first drive-in movie theater, in Camden, New Jersey. For 25 cents per car and 25 cents per person, with a maximum charge of one dollar, viewers could watch the British comedy movie *Wives Beware* from the comfort of their own car seats. Hollingshead called his establishment Park-In Theatres, and it was an instant sensation.



Hollingshead came up with the idea after his own mother complained about how uncomfortable it was to sit in traditional theater seats. He first tested his idea in his own driveway. For a screen, he used two bedsheets hung between two trees. A 1928 Kodak movie projector shot the movie from the hood of his car. In order to prevent cars from obstructing each other's views, he innovated a ramp for each parking space that elevated the front of the car and improved viewing angles.

Moving the theater from Hollingshead's driveway to a larger location proved a challenge. The RCA Victor record company provided Hollingshead with three massive six-foot by six-foot speakers to go with a 40-foot by 50-foot screen. Unfortunately, cars parked at the rear of the lot still had trouble hearing. Hollingshead and RCA worked together to invent a small speaker that could be mounted on a car and receive a radio signal. Eventually, movie sound would be broadcast directly through a car's FM radio. Hollingshead patented his idea in 1933, but in 1949 the patent was overturned, and drive-in theaters were opened all across the country. During the 1950s and '60s, nearly 5,000 drive-in theaters were in operation across America. Hollingshead's innovation had become the epicenter of American pop culture.

Today, around 300 drive-in theaters remain in the U.S. (in every state except North Dakota and Louisiana) and about 40 in Canada. On June 6, or any other sultry summer night, why not revive an old pastime and enjoy a drive-in movie?

Pixies Past and Present

On the Saturday nearest Midsummer's Day, the villagers of Ottery St. Mary in England take part in an annual rite known as Pixie Day. Legend has it that before humans inhabited the town, the land was the domain of pixies. A local bishop decreed that a church be built and bells for the church be cast at a bell works in Wales. This sent the pixies into a panic, for they knew that the bells would sound their ultimate demise. So, on Midsummer's Day in the year 1454, the pixies bewitched the monks and imprisoned them in a cave by the river, which has come to be known as *Pixie Parlour*. One monk, though, stubbed his toe on the way to the cave and exclaimed, "God bless my soul!" His words broke the spell, the monks were saved, the church bell was rung, and the pixies were vanquished. Each year, to commemorate this fantastical victory, local children dress as pixies and reenact the imprisonment of the monks. The monks are then freed, and the church bell rings out. The lively celebration continues in the town square with food and dancing.

For the Fathers



Father's Day arrives on the third Sunday of June, and with it comes the traditional giving of cards, ties, and loving thanks. In 1909, Sonora Scott Dodd was attending a Mother's Day church service when it occurred to her that there did not exist an equivalent holiday to honor fathers. Her own mother had died when she just 16, leaving her and her 13 brothers and sisters to be raised by their father, Civil War veteran William Jackson Smart. By Dodd's account, her father was a model parent, acting as both father and mother to Dodd and her siblings. She convinced her church to celebrate the first Father's Day on her father's birthday, June 5, but the clergy needed more time to organize such an event. They decided to hold a Father's Day service on the third Sunday of June instead.

ED Corner

Hello to my precious residents at WOA,

Happy June. I have numerous rose bushes in my backyard; pink, red, white, yellow, and peach. As I was walking around the other night as the sun was setting enjoying this beautiful weather, I was reminded that a white rose symbolizes “love” and “new beginnings.” I paused and thought about all that we as a world, nation, state, city and our community at Waterstone have endured this past year with COVID and how we have seen families able to come back together and enjoy each other’s company, where for a year we were so distant from one another. As we have begun to open back up at WOA and family and visitors and our residents are able to go out with their families, the smiles have enhanced the overall well-being on each of your faces. Just like the white rose, “love” and “new beginnings.”

Thank you to each of you for the joy you bring to my life every day that I walk through this building. I love each of you dearly. You will never know how you touch my life.

“Too often we underestimate the power of touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which has the potential to turn a life around.” Leo Bascaglia.

Blessings,

Cynthia Fowler

Executive Director



Our Resident of the Month is Ms. Lorraine Ellis! Ms. Lorraine came to Waterstone for a short term stay and loved it so much she decided to make it long-term! We love her eagerness to participate in all the activities and she brings a smile to all our faces! We love having you here at Waterstone Ms. Ellis!



We are so happy to present our Employee of the Quarter – Ms. Kelly Parker! Kelly goes above and beyond to help our residents, and it is safe to say we have all noticed her hard work! We are so thankful to have Kelly as our Med Tech for the past year!

Searching for June

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



Y	A	D	G	A	L	F	I	T	P	S	J	Q	C	W
P	G	N	I	P	M	A	C	N	F	F	J	P	J	E
V	G	L	A	S	R	T	E	U	I	N	C	A	E	D
C	R	A	B	E	S	H	D	N	S	M	V	O	S	D
V	H	C	C	I	P	E	R	P	I	Z	E	N	T	I
W	C	N	X	N	N	R	R	S	U	H	I	G	J	N
B	A	T	H	Z	A	S	O	T	O	W	S	J	N	G
C	H	T	J	O	M	D	S	M	T	D	W	N	F	S
R	E	M	M	U	S	A	E	P	E	T	B	C	U	J
X	T	C	E	M	Z	Y	A	X	E	B	T	W	M	S
J	U	N	E	T	E	E	N	T	H	A	O	H	G	R
V	A	C	A	T	I	O	N	O	O	M	R	J	Z	T
V	B	F	J	C	H	F	W	T	F	D	L	L	F	H
H	H	K	A	E	B	F	P	C	X	Z	O	H	H	N
T	W	B	W	N	V	H	F	F	C	H	Y	Q	W	M

CAMPING	GEMINI	SUMMER
CANCER	JUNETEENTH	SUNSHINE
CRAB (Cancer)	PEARL	TWINS (Gemini)
FATHER'S DAY	ROSE	VACATION
FLAG DAY	SIXTH	WEDDINGS

Mixed-Up Wedding

Unscramble the letters to reveal words associated with weddings.

1. LTAAR _____
2. EBOUQTU _____
3. LESBL _____
4. ULIENSMIO _____
5. HHRCUC _____
6. NDIAMDO _____
7. EWDGIND _____
8. RCITEPENNO _____
9. OGMOR _____
10. IREDB _____
11. TIEOFTCN _____
12. CNYEOEMR _____
13. OFLESWR _____
14. OREVREF _____
15. GAINCND _____
16. SADLCNE _____
17. AMYFLI _____
18. SIRDENE _____



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

PLEASE TAKE NOTICE: All Activities, Date, Time, Place are subject to CHANGE!! DAILY/WEEKLY... DR-Dining Room B-Bistro TR- Theatre Room CR- Card Room FP-Fire Place

1 10:00 Morning Walk outside
11:00 Heads Up B
1:30 Happy B/Day TR
Andy Griffith Show DR
3:00 BINGO RC
5:00 Daily Chronicles RC
6:00 Pet Therapy

2 9:00 Exercise/June DR
11:00 Brainstorming/Cards B
1:00 Crochet Class/ CR
3:00 Balloon/Fly Swat B
5:00 Daily Chronicles RC
6:00 Movie Night TR

3 10:45 Mini Golf Outing!!
1:00 Trivia Handouts B
3:00 America's 1st space B
Walk discussion B
3:30 BINGO DR
5:00 Daily Chronicles RC
6:00 Relax and Renew B

4 9:30 Coffee/News B
10:30 Tai Chi DR
1:30 Donut Day Social B
3:30 Happy Hour B
5:00 Daily Chronicles RC
6:00 Puzzle Night B

5 10:30 Cranium Crunches RC
1:00 BINGO DR
3:00 Front Porch Relaxation FP
5:00 Daily Chronicles RC

6 9:30 Coffee/Muffins B
10:30 Church Service B
CH7 B
2:00 Matinee TMC CH. B
4:00 Daily Chronicles RC
5:00 Daily Chronicles RC
6:00 Monday Night Movie TR

7 10:30 Morning Stretch DR
11:00 Brainstorming/Cards B
2:00 Wayne Cassania, B
Entertainment B
3:30 Drama Club B
5:00 Daily Chronicles RC
6:00 Monday Night Movie TR

8 10:30 Morning Walk outside DR
11:00 Find a Word B
1:00 Pet Therapy B
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Puzzle Time B

9 9:00 Exercise/June DR
11:00 Devotion B
2:00 Sorry Game B
3:00 Jewelry Making CR
5:00 Daily Chronicles RC
6:00 Piano Music B

10 10:45 Pizza Outing TR
1:30 Rain forest DVD CR
2:00 Book Club CR
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Movie Night TR

11 9:30 Coffee/News B
10:15 Tai Chi DR
1:30 Mini Golf CY
2:30 Music with Benny B
3:30 Happy Hour B
5:00 Daily Chronicles RC
6:00 Piano Music B

12 10:30 TMC Movie Ch. B
1:00 BINGO DR
3:00 Court Relaxation CY
5:00 Daily Chronicles RC

13 9:30 Court Yard Stroll CY
10:30 Church Services B
CH7 B
2:00 TMC Matinee tv B
4:00 Daily Chronicles RC

14 10:30 Morning Stretch DR
11:00 Devotion B
1:30 Crafts B
3:30 Shaved Ice Social B
5:00 Daily Chronicles RC
6:00 Table Games B

15 10:30 Morning Walk outside DR
11:15 Cranium Crunches RC
1:00 Lucille Ball Show TR
2:00 Greenville Drive Men's Game DR
3:00 BINGO RC
5:00 Daily Chronicles RC
6:00 Pet Therapy

16 10:00 Court Yard Stroll CY
11:00 Tales of History DR
3:00 Yoga/Kristi RC
5:00 Daily Chronicles TR
6:00 Movie Night

17 10:45 Zoo Outing B
1:30 Broadway concert With Lori B
2:30 Banana Smoothie B
3:30 BINGO DR
5:00 Daily Chronicles RC
6:00 Piano Music B

18 9:30 Coffee/News B
10:30 Tai Chi DR
2:00 International Picnic Day In the Bistro B
3:30 Happy Hour B
5:00 Daily Chronicles RC
6:00 Relax and Renew B

19 10:30 Fix a Puzzle B
1:00 BINGO Dr
3:00 Walk for your Health 2nd floor hallway RC
5:00 Daily Chronicles RC

HELLO SUMMER TIME!!
9:30 Coffee/Muffins B
10:30 Church Service B
CH7 B
2:00 TMC Matinee tv B
4:00 Daily Chronicles RC
HAPPY FATHER'S DAY!!

20 10:30 Morning Stretch DR
11:00 Hangman DR
2:00 Crafts CR
3:30 Book Club, story time CR
5:00 Daily Chronicles RC
6:00 Darts Night B

21 10:30 Morning Stretch DR
11:00 Hangman DR
2:00 Crafts CR
3:30 Book Club, story time CR
5:00 Daily Chronicles RC
6:00 Darts Night B

22 10:30 Morning Walk outside CY
11:15 Horse Shoes B
1:00 Pet Therapy DR
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Piano Music B

23 10:00 TMC Movie Channel B
11:00 Devotion B
1:30 Craft CR
3:00 Milk/Chocolate cake B
5:00 Daily Chronicles RC
6:00 Darts Night B

24 10:45 BBQ Outing B
2:00 Heads Up DR
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Relax & Renew FP

25 9:30 Coffee/News B
10:30 Tai Chi DR
11:00 Adult Coloring CR
2:00 Music/Jen & Bob B
3:30 Happy Hour B
5:00 Daily Chronicles RC
6:00 Darts Night B

26 10:30 Who am I? RC
Handouts
1:00 BINGO DR
3:00 Walk for your Health 2nd floor hallway.. RC
5:00 Daily Chronicles RC

WEAR YOUR SUN GLASSES DAY!!
Court Yard Stroll CY
10:30 Church Service B
CH7 B
2:00 TMC Matinee tv B
4:00 Daily Chronicles RC

27 10:30 Morning Stretch DR
11:00 Talk/Toss Ball B
2:30 Aroma Therapy/ Hand message CR
4:00 Community Council DR
5:00 Daily Chronicles RC
6:00 Puzzle Time B

28 10:30 Morning Stretch DR
11:00 Talk/Toss Ball B
2:00 Music Tom Fisch B
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Pet Therapy B

29 10:30 Morning Walk outside B
11:15 Go Fish/Cards B
2:00 Music Tom Fisch B
3:00 BINGO DR
5:00 Daily Chronicles RC
6:00 Pet Therapy B

30 10:00 Talk and Toss B
11:00 TMC Channel B
1:30 Aroma Therapy/ Quiet Time CR
5:00 Daily Chronicles RC
6:00 Piano Music B

June 2021

Make the best of everything, whatever may befall, GOD will Always see you through, he is the Lord of all....

Mystery Out of Space

An eyewitness reported that “the sky was split in two, and high above the forest the whole northern part of the sky appeared covered with fire... Then the sky shut closed, and a strong thump sounded, and I was thrown a few yards... After that such noise came, as if cannons were firing, the earth shook....”

For over 100 years, scientists have been trying to explain the events that took place on the morning of June 30, 1908, in a remote part of Siberia near the Podkamennaya Tunguska River. The most likely explanation is that an asteroid or a comet exploded over Earth, resulting in a massive explosion 185 times stronger than the atomic blast that leveled Hiroshima. The Tunguska event, as it is now called, is still considered to be the largest impact of a cosmic object with our planet in recorded history. The account above was provided by a local farmer who lived 40 miles away. Imagine the devastation if the impact had occurred closer to civilization.

Luckily, Tunguska is a harsh and remote region of Siberia, and in 1908 was devoid of human settlement. After the explosion, no one ventured to Tunguska to investigate, partly due to the region’s inaccessibility and partly due to political upheaval throughout Russia. Both World War I and the Russian Revolution were on the horizon. It was not until 1927 that a team of researchers led by Leonid Kulik finally made the expedition.



Kulik’s team found a scene of utter devastation. 80 million trees over an area of 830 square miles lay flattened. Most mysteriously, Kulik could not

find a crater or any fragments of a meteorite. For this reason, scientists believe that an asteroid or a comet exploded miles above Earth’s surface in the atmosphere, causing a catastrophic air burst that created shockwaves powerful enough to break windows hundreds of miles away. But many questions remain unanswered, and scientists still puzzle over

Lighter Than Air

June may be Give a Bunch of Balloons Month, but there is one person who took a bunch of balloons to the extreme. In 1982, Larry Walters fastened 45 helium-filled weather balloons to a backyard patio chair and rose over 15,000 feet into the air on a 45-minute misadventure that gained him worldwide fame. “Lawnchair Larry,” as he came to be known, was inspired by another ballooning mishap that occurred in 1937. Photographer Al Mingalone harnessed himself to 32 weather balloons in the hopes of shooting aerial photographs but was lifted 700 feet into the air when his mooring rope broke. Luckily, a local man spotted the floating photographer and shot two balloons with a 22-caliber rifle, allowing Mingalone to land safely. Lawnchair Larry knew Mingalone’s story and had stowed a pellet gun. After 45 minutes, Larry shot a few balloons, but he clumsily dropped the gun overboard and soon found himself drifting over an airport. Larry then descended into power lines and caused a blackout before landing safely. Since then, many have succeeded in replicating Lawnchair Larry’s flight, and in 2009 Pixar even created the children’s movie *Up*, in which a man uses balloons to lift his whole house into the sky.

Suckers for Seersucker



On a hot and humid Thursday in June, United States senators arrive to work wearing seersucker suits. “Seersucker Thursday” is an annual bipartisan tradition, a throwback to the days before air-conditioning was installed in the U.S. Capitol. The holiday was championed by Mississippi Senator Trent Lott in 1996, who wanted to “bring a little Southern charm to the Capitol.” Seersucker is popular in the South, but the cool, dimpled cotton fabric originated in India. The word *seersucker* comes from the Persian phrase *shir o shekar*, meaning “milk and sugar,” which refers to the smooth and coarse textures of the cloth’s alternating light and dark stripes.

Food for Thought

June is Soul Food Month, a time to appreciate the rich and delicious culinary tradition of African American kitchens. As the term suggests, this cuisine is more than just nourishment for the body; it is also food for the soul. The cuisine has sustained generations of African Americans during the struggle for equal rights.



The term *soul food* is most often attributed to the writer Amiri Baraka, who published an article entitled “Soul Food” in 1962 as a response to the assertion that Black Americans had no cuisine of their own. African Americans know better. The origins of soul food lie in the Deep South. During the era of slavery, enslaved people had to make do with whatever meager foodstuffs they were provided. Often given the cheapest and least nutritious cuts and provisions, cooks had to use their creativity to modify African food traditions and whip up new dishes that were delicious and nutritious. While soul food nowadays is equated with comfort and community, most recipes and techniques were born out of necessity and survival.

Most soul food features southern staples such as rice, okra, pork, and greens. Much of the rice grown in the South was of a variety taken from west Africa. In the 1700s, rice was South Carolina’s most valuable export and a vital ingredient in many African American recipes. Like rice, okra was also brought to America from Africa. The vegetable became a mainstay in the personal garden plots of many enslaved people. The least desirable, blandest cuts of pork were often the only cuts available to slaves. Cooks drew on African recipes to liven up the flavor, using ingredients like hot peppers and vinegar, ingredients that are the base of many southern barbecue sauces. Boiled greens are yet another vital southern staple, and they are hardy, resistant to frost, and nutritionally dense. Even leftover broth of boiled collards has a prime place at the table. The potent and vitamin-rich *potlikker* is often soaked up with cornbread. So many soul food recipes exist that there are enough to sustain you through the entire month of June.

June Birthdays

In astrology, those born from June 1–20 are the Twins of Gemini. With a feeling that something or someone is always missing, Twins forever seek new friends and opportunities. They are curious, intelligent, sociable communicators. Those born from June 21–30 are Cancer’s Crabs. Crabs like to retreat into their “shells” and enjoy being surrounded by loved ones at home. They nurture deep relationships and become loyal friends.

Morgan Freeman (actor) – June 1, 1937
 Prince (musician) – June 7, 1958
 Frank Lloyd Wright (architect) – June 8, 1867
 Judy Garland (entertainer) – June 10, 1922
 Jacques Cousteau (explorer) – June 11, 1910
 Burl Ives (singer) – June 14, 1909
 Lionel Richie (singer) – June 20, 1949
 Clarence Thomas (Justice) – June 23, 1948
 Pearl S. Buck (novelist) – June 26, 1892
 Pat Morita (actor) – June 28, 1932
 Michael Phelps (Olympian) – June 30, 1985

Holiday Fit for a King



King Kamehameha the Great is lauded in Hawaii as the one who was able to unify the warring island tribes into one kingdom. Each year, June 11 is celebrated as Kamehameha Day, and festivities in Honolulu begin with the decoration of the 30-foot-tall statue of Kamehameha with massive leis draped over his outstretched arms. Waikiki holds its annual Floral Parade, with gigantic floats decorated with thousands of Hawaii’s tropical blooms. The king and queen of the parade are escorted by eight *pa’u* riders, eight princesses on horseback who represent Hawaii’s eight main islands. Each island hosts its own *ho’olaule’a*, a massive celebration and thanksgiving complete with music, hula, and luau feasts. There may be no better time to enjoy Hawaii’s famed “Aloha Spirit,” that celebration of shared humanity and mutual affection.