

Always Available

BREAKFAST ANYTIME

BREAKFAST CEREALS

Choice of cereal served with toast with butter and jelly and seasonal fruit (1/2 cup)

TOASTED BAGEL

With cream cheese or peanut butter or peanut butter & jelly, plus seasonal fruit and orange juice.

YOGURT FRUIT PLATE

With seasonal fruit and granola

EGGS WITH BACON OR SAUSAGE

Choice preparation of eggs served with toasted English muffin with butter and jelly, orange juice

PANCAKES WITH BACON OR SAUSAGE

With butter and syrup. Choice preparation of 1 egg. Orange juice

GRITS WITH BACON OR SAUSAGE

LUNCH & DINNER

COBB SALAD

A bed of lettuce, hard boiled eggs, turkey, ham, tomatoes, cucumber slices with choice of salad dressing. Served with crackers.

TURKEY CLUB SANDWICH & CHIPS

Turkey and crispy bacon with lettuce and sliced tomato on toasted bread with mayo, served with chips and applesauce.

HAMBURGER OR HOT DOG & FRENCH FRIES

With cheese, includes lettuce, tomato, pickle spear, French fries, condiments and applesauce.

CHICKEN STRIPS & FRENCH FRIES

Three golden strips with dipping sauce. Served with French fries and applesauce.

WINTER SALAD FRUIT PLATE WITH CHICKEN, TUNA OR EGG SALAD

Medley of fresh seasonal fruits and choice of chicken, tuna or egg salad on a bed of lettuce with sliced tomatoes and crackers.

HOUSE SIDE SALAD

With dressing of choice

SINGLE-SERVE ITEMS

Corn	Chili
Green Beans	Chicken Noodle Soup with Crackers
Fried Okra	Tomato Soup
Onion Rings	Grilled Chicken Breast
French Fries	Fried Shrimp
Applesauce	
Cottage Cheese	

DESSERTS

ICE CREAM

Vanilla
Chocolate
Strawberry
No-Sugar-Added Vanilla

RAINBOW SHERBET

BREAKFAST DAILY SPECIALS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Warm Cinnamon Roll Yogurt Parfait	Sausage Gravy & Biscuits Citrus Sections	Breakfast Ham Casserole Hashbrowns Berry Blend	Omelet As You Like It Banana	Homemade Waffles Orange Segments	Sausage Egg Hashbrown Cups Banana Peach Cup	Creamy Banana Oatmeal Stewed Prunes

Lunch

SUNDAY

Roast Turkey
Stuffing
Broccoli
Dinner Roll in Basket
Red Velvet Cake Roll

MONDAY

Pork Chop Diane
Squash
Cheese Nuggets
Cherry Orchard Bar

TUESDAY

Salisbury Steak
Fresh Mashed Potatoes with Gravy
Glazed Carrots
Chocolate Mint Brownie

WEDNESDAY

Chef's Choice Meal

THURSDAY

Parmesan-Crusted Chicken
Macaroni & Cheese
Seasoned Green Beans
Dinner Roll in Basket
Vanilla Frosted Cake

FRIDAY

Grilled Salmon
Rice Pilaf
Asparagus
Cornbread with Margarine
Angel Food Cake
with Strawberries

SATURDAY

Baked Ham
Creamy Sweet Potatoes
Cauliflower Au Gratin
Dinner Roll in Basket
Banana Split Dessert

WEEK 3

2/26-3/4

Supper

SUNDAY

Soft Tacos
Mexican Rice
Refried Beans
Warm Peach Cobbler
with Ice Cream

MONDAY

Italian-Style Lasagna
Caesar Salad
Breadstick
Lemon Cream Parfait

TUESDAY

Chili with
Shredded Cheddar Cheese
Tater Tots
Carrot & Celery Sticks
Mini Pineapple
Upside Down Cakes

WEDNESDAY

BBQ Chicken Drumsticks
Glazed Sweet Potatoes
Creamed Spinach
Dinner Roll in Basket
Pumpkin Pie
with Whipped Topping

THURSDAY

Chef's Choice Meal

FRIDAY

Patty Melt
Broccoli Apple Salad
Warm Fruit Crisp with Ice Cream

SATURDAY

Crispy Chicken Salad
Crackers
Apricots
Pecan Pie Bread Pudding

WEEK 3

2/26-3/4

Lunch

SUNDAY

Roast Beef
Mashed Potatoes
Brown Gravy
Harvard Beets
Dinner Roll in Basket
Pecan Pie

MONDAY

Swiss Chicken Breast
Rice
Parsley Carrots
Dinner Roll in Basket
Pineapple Coconut Cherry Bar

TUESDAY

Grilled Steak
Glazed Turnips
Green Bean Casserole
Dinner Roll in Basket
Pumpkin Pie

WEDNESDAY

Chef's Choice Meal

THURSDAY

Fried Shrimp
Onion Rings
Buttered Cabbage
Garlic Bread
Black Forest Cake

FRIDAY

Catch of the Day
Baked Potato with Margarine
Brussels Sprouts
Cornbread
Berry Cobbler

SATURDAY

Open-Face Hot Beef Sandwich
Mashed Potatoes
Beef Gravy
Lima Beans
Lemon Meringue Pie

WEEK 4

3/5-3/11

Supper

SUNDAY

French Toast with Syrup
Breakfast Meat
Hashbrowns
Peaches

MONDAY

BLT Sandwich
Deviled Egg Halves
Chuckwagon Corn
Mandarin Oranges

TUESDAY

Seafood Gumbo
Red Beans & Rice
Emerald Pear Slices
Ice Cream

WEDNESDAY

Fried Pork Chop
Boiled Potato with Gravy
Coleslaw
Goopy Butter Cookies

THURSDAY

Chef's Choice Meal

FRIDAY

Stuffed Green Pepper
Dinner Roll in Basket
Pineapple Upside
Down Cake

SATURDAY

Turkey Pot Pie with Stuffing Crust
Creamy Cucumber Salad
Frosted Brownie

WEEK 4

3/5-3/11

Lunch

SUNDAY

Fried Chicken
Mashed Potatoes
Chicken Gravy
Roasted Cinnamon Carrots
Dinner Roll in Basket
Chocolate Chip Fluffernutter Bars

MONDAY

Spaghetti with
Meat Sauce & Parmesan
Broccoli
Fresh Baked Bread
Cherry Cheesecake

TUESDAY

Apple Glazed Ribs & Kraut
Hashbrown Casserole
Green Beans
Dinner Roll in Basket
Frosted Brownie

WEDNESDAY

Chef's Choice Meal

THURSDAY

Marinated Pork Loin
Stuffing
Mixed Vegetables
Cornbread with Honey Butter
Peach Cobbler

FRIDAY

Beer Battered Tilapia
Fried Potatoes & Onions
Sweet Pepper Slaw
Cheddar Garlic Biscuit
Orange Cookie

SATURDAY

Chicken Fried Rice
Stir Fry Vegetables
Egg Roll
Ice Cream

WEEK 1

3/12 - 3/18

Supper

SUNDAY

Tater Tot Hot Dish
Spinach or Collard Greens
Peaches
Mini Donuts

MONDAY

Turkey Ranch Club Wrap
Deviled Egg Half
Potato Chips
Frosted Pumpkin Bar

TUESDAY

Chicken & Vegetable Quesadilla
Cilantro Lime Rice
Apricots
Layered Lemon Pie

WEDNESDAY

Cracker Barrel Meatloaf
Mashed Potatoes
Brown Gravy
Corn
Dinner Roll in Basket
Apple Pear Walnut Crisp

THURSDAY

Chef's Choice Meal

FRIDAY

Chicken Fettuccine Alfredo
Broccoli
Garlic Bread
Cheesecake

SATURDAY

Autumn Turkey Sandwich
Cranberry Sauce
French Fries
Banana Bread

WEEK 1

3/12-3/18

Lunch

SUNDAY

Baked Ham
Macaroni & Cheese
Warm Spiced Beets
Dinner Roll in Basket
Key Lime Pie

MONDAY

Tender Roast Beef
Mashed Potatoes with Gravy
Glazed Carrots
Dinner Roll in Basket
Caramel Apple Cake

TUESDAY

Lemon Roasted Chicken Breast
Baked Parmesan
Sweet Potatoes
Broccoli with Cheese Sauce
Fresh Baked Bread
Peanut Butter Candy Bar

WEDNESDAY

Chef's Choice Meal

THURSDAY

Fried Chicken
Black-Eyed Peas
Brussels Sprouts
Cherry Pie with Ice Cream

FRIDAY

Southern Catfish Filet
Corn Nuggets
Baked Beans
Chef's Choice Dessert

SATURDAY

Country Fried Steak
Mashed Potatoes
with Country Gravy
Turnip Greens
Pumpkin Bread

WEEK 2

3/19-3/25

Supper

SUNDAY

Beef Stew
Cottage Cheese
Creamy Cucumber Salad
Cranberry Mousse

MONDAY

Hot Turkey & Cheese
on Croissant
Onion Rings
Waldorf Fruit Cup
Pumpkin Dump Cake

TUESDAY

Beef Enchilada
with Lettuce and Tomato
Tortilla Chips with Salsa
Chocolate Cake

WEDNESDAY

Pulled Pork on a Bun
Coleslaw
Fruit

THURSDAY

Chef's Choice Meal

FRIDAY

Shepherd's Pie
Tossed Salad with Dressing
Apple Pie

SATURDAY

Pepperoni or Cheese Pizza
Wax Beans
Orange, Apple & Banana Cup
Hot Fudge Sundae

WEEK 2

3/19-3/25

Lunch

SUNDAY

Roast Turkey
Stuffing
Broccoli
Dinner Roll in Basket
Red Velvet Cake Roll

MONDAY

Pork Chop Diane
Squash
Cheese Nuggets
Cherry Orchard Bar

TUESDAY

Salisbury Steak
Fresh Mashed Potatoes with Gravy
Glazed Carrots
Chocolate Mint Brownie

WEDNESDAY

Chef's Choice Meal

THURSDAY

Parmesan-Crusted Chicken
Macaroni & Cheese
Seasoned Green Beans
Dinner Roll in Basket
Vanilla Frosted Cake

FRIDAY

Grilled Salmon
Rice Pilaf
Asparagus
Cornbread with Margarine
Angel Food Cake
with Strawberries

SATURDAY

Baked Ham
Creamy Sweet Potatoes
Cauliflower Au Gratin
Dinner Roll in Basket
Banana Split Dessert

WEEK 3

3/26-4/1

Supper

SUNDAY

Soft Tacos
Mexican Rice
Refried Beans
Warm Peach Cobbler
with Ice Cream

MONDAY

Italian-Style Lasagna
Caesar Salad
Breadstick
Lemon Cream Parfait

TUESDAY

Chili with
Shredded Cheddar Cheese
Tater Tots
Carrot & Celery Sticks
Mini Pineapple
Upside Down Cakes

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BBQ Chicken Drumsticks
Glazed Sweet Potatoes
Creamed Spinach
Dinner Roll in Basket
Pumpkin Pie
with Whipped Topping

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Patty Melt
Broccoli Apple Salad
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Crackers
Apricots
Pecan Pie Bread Pudding