

# Waterstone on Augusta

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## Celebrating June

**Men's Health Month**

**Perennial Gardening Month**

**Caribbean American  
Heritage Month**

**Go Barefoot Day**

*June 1*

**World Bicycle Day**

*June 3*

**D-Day**

*June 6*

**Flag Week (U.S.)**

*June 11–17*

**Worldwide Day of Giving**

*June 15*

**Father's Day**

*June 18*

**World Music Day**

*June 21*

**Great American Backyard  
Campout**

*June 24*

**Social Media Day**

*June 30*

## A Holey History

Each year, 10 billion doughnuts are made in the United States. That's 30 doughnuts (and a few extra pounds) for every single person in America. With 13,000 doughnut shops lining America's streets, it should be easy to find one of your favorites on June 2, National Donut Day.

Doughnuts have been a beloved treat in America since the 17th century. It was the Dutch, settling in New Amsterdam (present-day New York), who first fried dough in oil. These first doughnuts were called *olykoeks*, or "oily cakes." Of course, these original olykoeks were more fried dough than doughnut and did not yet have their signature hole in the middle. We have to fast-forward almost 200 years until Elizabeth Gregory, the mother of a ship captain, created what we might recognize as the first true doughnut.

Gregory fried her dough with nutmeg, cinnamon, and lemon rind, ingredients undoubtedly borrowed from her son's cargo hold. She also added hazelnuts and walnuts to the doughy center, the spot that might be undercooked. Gregory thoughtfully called her new recipe a *doughnut*. It was her son, Captain Gregory, who made the doughnut round with a hole in its center. Some claim that the hole allowed the doughnut to be placed on the spoke of the ship's wheel, allowing the captain to steer with both hands. In an interview with the *Boston Post* newspaper, Captain Gregory recollected how he cut the first hole in a doughnut with the top of a round, tin pepper box.

Doughnuts did not become the beloved treat they are today until World War I, when Salvation Army volunteers brought doughnuts to American soldiers in the trenches to lift their spirits and remind them of home. And it wasn't until the first Dunkin' Donuts opened in Quincy, Massachusetts, in 1950 that the spelling changed from *doughnut* to *donut*. It was once spelled *donut* only in America, but we now find donuts (and doughnuts) as far away as Great Britain, Australia, and New Zealand.

## Summer Camp

Last year alone, America's national parks were visited by almost 312 million people, evidence of how much we crave the clean air, beautiful scenery, and tranquility of the outdoors. Is there any better way to immerse yourself in nature than camping? June is Camping Month, and these days you no longer have to "rough it" to enjoy the splendors of nature. A variety of camping options abound that provide all the amenities and comforts of home.



The *glamping* ("glamorous camping") trend has hit the mainstream. Tents are large and comfortable, outfitted with electricity, beds, furniture, kitchens, and even running and heated water. Some campgrounds offer yurts, those round tents from Mongolia, or fabulous architectural tree houses that turn traditional camping into a fairytale dream. Of course, glamping doesn't come cheap, with tents sometimes costing as much as luxury hotel rooms.

RVs, too, have become luxury vehicles. Some RVs are 45 feet long and boast king-sized beds, guest rooms, full bathrooms, leather sofas, quartz countertops in the kitchen, motorized dining tables, washers, dryers, full-sized refrigerators, dishwashers, multiple TVs, skylights, patios, electric fireplaces, Wi-Fi, and jacuzzi-like tubs. One model even has a rooftop lounge with a pop-up sun shield to keep you cool during the day and a heated floor to keep your feet warm while stargazing at night. These RVs are more like luxury apartments on wheels, and they often cost as much, with prices typically soaring over one million dollars.

For those who still want to rough it, there are wilderness survival-skill camps. Professional survivalists lead you into the wilderness without a backpack or any gear and teach you how to live off the land, build your own shelter, and find your own food and water. While this might not be as comfortable as glamping, some might find the challenge more rewarding.

## Flipping Out

Having trouble making a decision? Just flip a coin on June 1, Flip a Coin Day! The first coins were minted in ancient Lydia, an Anatolian kingdom located in present-day Turkey. They were not much more than blobs of silver or gold pressed with images of lions and lambs, but they forever transformed the way humans trade with and pay each other.

The first records of coins being tossed to make decisions date back to ancient Rome, where the practice was not called "heads or tails," but *navia aut caput*, or "ships and heads." One side of the coin depicted the emperor and the other the prow of a ship. One did not call out "ships" or "heads" mid-toss; instead, one person was assigned the head. If heads turned up, they won and were considered to have won the favor of the emperor. If ships turned up, they lost to their opponent. Decisions great and small have been settled by coin tosses. One notable coin toss concerned the naming of Oregon's largest city. As we now know, the winner named it Portland. The loser would have named it Boston.

## Going Postal



On June 13, 1920, the United States Postal Service declared that it would no longer send children by parcel post. As strange as it may seem, we now remember June 13 as No Mailing Children Day. On January 1, 1913, the U.S. Post began mailing parcels and packages. Americans could now buy and sell large dry goods by mail. Some, however, took advantage of this service and sent their children through the mail. After all, the delivery cost of mail was cheaper than a train ticket. Newspaper headlines captured the phenomenon: "Mail Carrier Safely Delivers Boy of 10 3/4 lbs to Grandmother, Cost 15 Cents." Assistant Postmaster General John Koons eventually declared that children didn't fit within the classification of harmless live animals.

## A Witchy History

The city of Salem, Massachusetts, is infamous for its witch trials of the late 17th century. On June 10, 1692, Bridget Bishop became the trials' first victim. While the witchcraft hysteria gripping Salem lasted just one year, its legend and lore have lived on for centuries.



There was a time when Salem wanted to forget its sordid history. As late as 1895—over 200 years after the hysteria—the *Philadelphia Inquirer* ran a headline reading, “The People of Salem Do Not Like to Be Questioned in Regard to the Witchery Affair.” It wasn’t until playwright Arthur Miller wrote *The Crucible* in 1953 as an allegorical response to Senator Joseph McCarthy’s anticommunist hearings that the witch trials entered the popular imagination.

Historians and scientists began to reexamine the cause of the hysteria. Some scholars suggested that piety was the root of the problem. Notions of witchcraft came straight from scripture. Pious people accused others of witchcraft, while pious judges adjudicated the trials.

Others have blamed ergot poisoning. The theory goes that stores of rye contaminated with ergot fungus caused residents of Salem to hallucinate, convulse, and suffer delusions, symptoms that were equated with witchcraft. Over the years, this theory was debunked, only to be revived, debunked, and revived again.

No one truly knows how the all-consuming witch hysteria gripped the community of Salem and other surrounding towns. Other theories point to corrupt church politics, family feuds, and the absence of a modern justice system. What we do know is that the city of Salem has tried to make amends to Bridget Bishop and the hundreds of other victims who were wrongfully charged and punished. Salem opened the popular Salem Witch Museum in 1972 and dedicated a Witch Trials Memorial in 1992.

## The People’s Car

June 22 is Worldwide VW Beetle Day. What has made the Volkswagen Beetle one of the world’s most recognizable and beloved automobiles? First and foremost is its innovative and fun design—a small and compact car with an innovative curved roof, a feature that makes it both aerodynamic and adorable. The Beetle was designed for much more than just fun, however; it was also affordable, practical, and reliable. *Volkswagen* means the “people’s car,” and these cars were intended to be affordable for all, costing just 31 weeks’ worth of pay. Vintage Beetles sported an air-cooled rear engine, which meant that it did not need expensive cooling units and could reliably operate in both heat and cold. It also got excellent gas mileage, more than 30 miles to the gallon. The car’s simple engine and parts were easy to replace and inexpensive to repair and maintain. All of these reasons made the VW Beetle the world’s best-selling car for decades. The original Beetle was so popular that it was built for 65 straight years from 1938 to 2003, making it the longest-produced vehicle in history. No other car even comes close.

## Father’s Day up in Flames



Father’s Day is on June 18, and that likely means that dads will be getting plenty of ties as gifts. The first Father’s Day in America was proposed by Sonora Louise Smart Dodd in 1909, who wanted to honor her father, a Civil War veteran and widowed single dad. On the first Father’s Day, Dodd suggested that all fathers be honored with a rose—red for those still living, and white worn for those who had passed. In France, dads receive quite a different gift: a Flaminaire lighter. Flaminaire commercialized the first lighters in 1908, but it wasn’t until the 1950s, when consumerism began to peak, that the Flaminaire company embarked on an ad campaign linking their lighters to a French Father’s Day. It has been traditional to offer dad a lighter ever since.

# Searching for June

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



- |               |            |                |
|---------------|------------|----------------|
| CAMPING       | GEMINI     | SUMMER         |
| CANCER        | JUNETEENTH | SUNSHINE       |
| CRAB (Cancer) | PEARL      | TWINS (Gemini) |
| FATHER'S DAY  | ROSE       | VACATION       |
| FLAG DAY      | SIXTH      | WEDDING        |

# What's the scoop with Coop?

## Resident Birthdays:

Almena Galloway 6/9

Carolyn Porter 6/14

Edna Culbertson 6/15

Les Hudson 6/27

Kenneth Stewart 6/28

## Upcoming Lunch Outings:

*All Lunch outings leave at 11am*

**Thursday June 1<sup>st</sup>** – Topsy Taco

**Thursday June 8<sup>th</sup>** – Green Tomatoes Buffet

**Thursday June 15<sup>th</sup>** – Cooper River Grill

**Thursday June 22<sup>nd</sup>** – Anthony Bertolo's Pizza

**Thursday June 29<sup>th</sup>** – Sakura Japanese Steakhouse

**Residents are welcome to ride along every Friday at 10:30am as we drive around Greenville delivering meals for Meals on Wheels.**

*\*We will be back in time for lunch at WOA*



Cooper is SO excited for our Recreation Therapy Intern, Creighton, to be with us ALL summer! Creighton will be shadowing our Recreation Therapist, Sam, as she completes her internship this summer. Creighton is a senior Clemson student pursuing her degree in Recreation Therapy and will be graduating this December!



# Kushner's Korner

## Happy Hour at Waterstone

Each Friday a group of regular singers gather to sing song and have a drink  
Songs are repeated weekly since learning the cadence requires one to think

Observing those with handicaps fully participating is wonderful to see  
There is banter and laughter at times that effect a good feeling of glee

Many regulars look to each Friday's session as the highlight of the week  
Some songs are sung in unison with these we have reached our peak

Others are encouraged to join as we strive to increase those that attend  
Each additional attendee adds to the overall sound as each voice with blend

Perhaps the day will come when this group can perform at similar places  
We will sing as robustly as we can and always have a smile on our faces

Jack Kushner



This month's RESIDENT of the MONTH is Mr. Jack Kushner. Mr. Kushner delivered a fantastic service this Memorial Day. He is also very active with several other community activities, including our Resident Devotion and Happy Hour! We are so thankful for Mr. Kushner for always spreading positivity throughout Waterstone.



This month's STAFF of the MONTH is Emma! Emma has been a part of our kitchen staff for several years and has been a steady force helping to deliver the best food to our residents. She is loved by all residents and staff, and we are so thankful for her.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2023

All Activities are subject to change daily/weekly

National Garden Week 4	5	6	7	BEST FRIENDS DAY!!! A smile goes a long way, give a friend a hug today!!	9	10
9:00am Coffee/News B 11:00am Morning Worship 2:00pm Tabernacle Baptist Church 3:00pm Tea Social B 6:00pm Gospel Music FP	9:15am Res. Devotion CR 10:30am Sunrise Bingo DR 2:00pm Wayne Casasanta 3:00pm Old Maid Card Game B 4:00pm Book Club w/ Sam 6:00pm Pet Therapy FP	10:30am National Geographic DVD TR 1:00pm What Am I? B 2:00pm Wine Down w/ Cheese and Crackers B 3:00pm Drama Club B 4:00pm Fireplace Chit Chat 6:00pm Smooth Jazz FP	9:15am Res. Devotion CR 11:00am Chocolate Ice Cream Day B 2:00pm Craft/ Painting CR 3:00pm Yoga w/ Kristi CR 4:00pm Adult Coloring CR 6:00pm Bridge Night CR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	10:30am Walk for Your Health (2 <sup>nd</sup> Floor) DR 1:00pm BINGO DR 3:00pm Matching Card Game CR 5:45pm Hymns around the Piano FP
9:00am Coffee/News B 11:00am Morning Worship 2:00pm Tabernacle Baptist Church 3:00pm Lifetime Movie B 6:00pm Front Porch Chit Chat FP	9:15am Res. Devotion CR 10:30am Sunrise Bingo DR 2:00pm Horseshoes CY 3:00pm Nail Spa CR 4:00pm Book Club w/ Sam 6:00pm Pet Therapy FP	10:30am Coffee & Donuts B w/ Lori FP 2:00pm Putt-putt in the Park OUTING DR 4:00pm BINGO DR 6:00pm Courtyard Stroll CY	9:15am Res. Devotion CR 11:00am Devotion w/ Chaplin Deon FP 2:00pm Flag Day Celebration w/ Cheesecake 3:00 Sip & Paint w/ Sam 4:00pm Hallmark Movie CR 6:00pm Bridge Night CR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	10:30am Walk for Your Health (2 <sup>nd</sup> Floor) DR 1:00pm BINGO DR 3:00pm Root Beer Floats B 5:45pm Hymns around the Piano FP
Happy Father's Day 9:00am Coffee/News B 11:00am Morning Worship 2:00pm Tabernacle Baptist Church 3:00pm Father's Day Dessert B 6:00pm Courtyard Relaxation CY	9:15am Res. Devotion CR 10:30am Sunrise Bingo DR 2:00pm Tales of History B 3:00pm Nail Spa CR 4:00pm Book Club w/ Sam 6:00pm Pet Therapy FP	10:30am All in The Family TR 11:00am Chair Exercises w/ Dumbbells CR 2:00pm Publix- Shopping DR 3:30pm BINGO DR 6:00pm The Best of Opera FP	1 <sup>st</sup> DAY OF SUMMER! Flag Day (US) 9:15am Res. Devotion CR 11:00am Chair Exercises CR 2:00pm Nail Spa CR 3:00pm Yoga w/ Kristi CR 4:00pm Craft CR 6:00pm Bridge Night CR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	10:30am Bird Watching CR 1:00pm BINGO DR 3:00pm Sit & Stretch CR 5:45pm Hymns around the Piano FP
9:00am Coffee/News B 11:00am Morning Worship 2:00pm Tabernacle Baptist Church 3:00pm Courtyard Snack 6:00pm Walk for your Health (2 <sup>nd</sup> Floor)	9:15am Res. Devotion CR 10:30am Sunrise Bingo DR 1:30pm Tom Fisch B 3:00pm Community Council 4:00pm Book Club w/ Sam 6:00pm Pet Therapy FP	10:30am Checkers w/ Lori FP 2:00pm Somic OUTING DR 4:00pm Quarter BINGO DR 6:00pm Fireplace Chit Chat	Summer Begins 9:15am Res. Devotion CR 11:00am Devotion w/ Chaplin Deon FP 2:00pm Nail Spa CR 3:30pm Foot Spa CR 6:00pm Bridge Night CR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	NATIONAL PINK DAY 10:30am Bird Watching CR 1:00pm BINGO DR 3:00pm Sit & Stretch CR 5:45pm Hymns around the Piano FP
Father's Day 9:00am Coffee/News B 11:00am Morning Worship 2:00pm Tabernacle Baptist Church 3:00pm Courtyard Snack 6:00pm Walk for your Health (2 <sup>nd</sup> Floor)	9:15am Res. Devotion CR 10:30am Sunrise Bingo DR 1:30pm Tom Fisch B 3:00pm Community Council 4:00pm Book Club w/ Sam 6:00pm Pet Therapy FP	10:30am Checkers w/ Lori FP 2:00pm Somic OUTING DR 4:00pm Quarter BINGO DR 6:00pm Fireplace Chit Chat	NATIONAL SHAKESPEARE DAY 9:15am Res. Devotion CR 11:00am Chair Exercises CR 2:00pm Nail Spa CR 3:00pm Yoga w/ Kristi CR 4:00pm Craft CR 6:00pm Bridge Night CR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	9:15am Res. Devotion CR 10:30am Meals on Wheels 2:30pm Benny Gandy FP 3:30pm Happy Hour B 4:30pm Fireplace Chit Chat 6:00pm Friday Night Movie- Beautiful Day in The Neighborhood TR	NATIONAL SHAKESPEARE DAY 10:30am Bird Watching CR 1:00pm BINGO DR 3:00pm Sit & Stretch CR 5:45pm Hymns around the Piano FP

## The Ghosts of Thailand

Each June, the city of Dan Sai in Thailand holds its three-day ghost festival known as *Phi Ka Thon*. The festival commemorates an ancient journey taken by Prince Vessantara, an incarnation of the Buddha in one of his past lives. The legend states that the prince gave up everything he owned and disappeared to take a great personal journey. He was gone so long that everyone thought him dead. When he returned, alive and in good health, the village was so happy that it threw a party so boisterous that it could wake the dead. That party is remembered today as Phi Ka Thon, a festival fit to wake ghosts and spirits.



The festival begins with a parade of villagers dressed in elaborate and hand-painted ghost masks and costumes. Music, dancing, and boisterous games create a raucous revelry that is an attempt to wake the spirits. The masks often take hours to complete. Where it was once considered bad luck to keep the masks after the festival was over, the artistry has made them valuable collectors' items.

Phi Ka Thon is part of the larger Buddhist festival of *Bun Phawet*, a merit-making festival. Merit-making is an ancient and important Buddhist practice. *Merit* is the belief that performing good deeds and prayers creates a beneficial and protective force, leading to good fortune, helping individuals on the path to Enlightenment, and even helping the dead adjust to their new lives. During Bun Phawet, Buddhist monks who have spent a year devotedly meditating are finally and honorably ordained. Villagers pay their respects to the monks and create merit by offering gifts of food and money trees. Merit is also shared with the spirits and ghosts roused by the festival celebrations.

The final day of the festival is when the monks give sermons to the villagers, reciprocating the merit that they had received and preparing for another year of prayer and meditation.

## June Birthdays

In astrology, those born June 1–20 are Gemini's Twins. Energetic and spontaneous, Geminis are great at connecting with others, making them ideal candidates for networking and sales. Those born June 21–30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds with friends and comfortable homes that are warm and welcoming.

Morgan Freeman (actor) – June 1, 1937  
 Angelina Jolie (actress) – June 4, 1975  
 Prince (musician) – June 7, 1958  
 Maya Moore (athlete) – June 11, 1989  
 Anne Frank (diarist) – June 12, 1929  
 Venus Williams (athlete) – June 17, 1980  
 Zoe Saldana (actress) – June 19, 1978  
 Lionel Richie (singer) – June 20, 1949  
 Pearl S. Buck (writer) – June 26, 1892  
 Helen Keller (activist) – June 27, 1880  
 Lena Horne (singer) – June 30, 1917

## Napoleon's Waterloo



On June 18, 1815, Napoleon lost the Battle of Waterloo, suffering the final defeat of his military career and marking the end of his reign as emperor. Napoleon's meteoric rise as a military strategist and leader began around 1799, when Napoleon returned to France from his military campaign in Egypt to find that France was at war with most of Europe and near collapse. Napoleon reorganized the French army, marched to victory across Europe, reestablished France as a superpower, and was crowned emperor. Waterloo, however, proved his undoing. Napoleon led his forces against a well-defended Prussian army, and after a series of strategic mistakes, had his forces crushed on the field of battle. Today, in remembrance of Napoleon's historic defeat, we use the name "Waterloo" to mark a devastating failure.